# **Social Perspective of Trafficked Survivor**

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### **Abstract**

Article explores about the condition and situation of human trafficking survivor. It is social problem all over world which includes exploitation of human trafficking. It describes about life circumstances and insight of society and community as well as it describes about different theoretical perspective, and wellbeing about the negligent of society. Despites are involved along with it. It includes about the condition of victims and their huge challenge during the COVID- 19. It gives positive thinking and quality health service opportunity, education social justice, provides productive information and environment will minimize problem. A well being program should be organize for the victims of survivor in our society

**Key words:** Trafficking, well being social justice perception quality life,

# Introduction

Human trafficking is the exploitation of human beings especially vulnerable populations and is recognized as one of the most severe abuses rights of human rights today. Globally, the United Nations in its "Protocol" defines human trafficking as the following, specifically mentioning the inclusion of exploitation through sex at the end. Human trafficking "the recruitment, transportation, transfer, harboring or receipt of persons, by means of the threat or use of force or other forms of coercion, of abduction, of fraud, of deception, of the abuse of power or of a position of vulnerability or of the giving or receiving of payments or benefits to achieve the consent of a person having control over another person, for the purpose of exploitation. Exploitation shall include, at a minimum, the exploitation of the prostitution of others or other forms of sexual exploitation, forced

labour or services, slavery or practices similar to slavery, servitude or the removal of organs" (United Nations, 2003, Article 3, page 43). Violations of human rights are both a cause and consequences of human trafficking (Ruben. 2006). People who are extreme level of exploitation are exploring much health risk including physical reproductive track, sexual, psychological violence. The effect of sex trafficking physical, mental, and emotional health impact post traumatic stress. Many trafficked survivor has experience face by trauma such in depression and mental pressure. Trafficked survivor come from problematic family environment they have difficult to run life smoothly. It has been face many social and economic problem daily activities in the community. It has been rapid in the remote area of Nepal where the people are unaware poor family background helpless.

In Nepal trafficking is increasing day by day internal and crosser border due to lack of opportunity, economic problem impact of COVID-19 every sector of development as well as labor loses their opportunity. It has been difficult to smooth daily life activities. They were neglects in society as well as family and other relative too. They don't have getting supporting role in community and relative due to our society structure. They were lonely and discrimination in society and own family due to trafficking. The economic factor are consider the main reason of trafficking as well as social political factor also play equal important role for trafficking. Lack of equality, job opportunity and comfit natural disaster are also causal factor .the process of recovery of economic social inclusion long term social and safety environment potential social overall development emotional support (Hopper 2016) .It makes increase positive thinking quality health service education safety political access as social happy life

# Research objective

To review well being of theoretical perspectives trafficking survivor in secondary sources.

A research is required for foundation and further development. To explore any other subject theoretical base is required. So this article has explored different point of view in the field of trafficking as well as look forward their basic requirement.

In my study I use general system theory, basically all system as sub system of other system or large system as environment. Thus exploring the flow and impact different system against each other (Forder,1976). The system influence the individual in the social works .Conflict theory explores power structures and power

disparities, how power differentials affect in social inequality (Rossel, 2013). With in conflict theory wealthier classes are able to maintain power over lower income ethics monitory groups. Similarly social change social change occurs through a conflict. Some from the human trafficking especially sex trafficking, involve criminal activities on the victims part of criminalization of the victims rather than the trafficker (Dempsey, 2015). Victims may begin in to the conventional model of labeling theory. Labeling theory exemplifies the power of self perception as well as observation of law enforcement, service agencies in ensuring the victims are correctly known and receive suitable service. In the term of human trafficking Maslow's hierarchy of need of can help practitioners understand why victims are drawn to and prohibited by trafficker .A highlighted risk factor for victims includes homeless neglects and abuse poverty, lack of housing food clothing safety as well as financial security. trafficker also offer intimate relationship and friend ship, meeting some aspect of psychological need and further bonding relation to trafficker and victims(Hopper ,2016).Once basic needs have been met, psychological needs can be addressed through group settings, therapeutic interventions, trauma therapy, and a sense of accomplishment in healing. Then survivors, following Maslow's hierarchy, will be on track to reach self-actualization. In addressing recovery and healing of human trafficking victims, service providers must work up the pyramid to be effective; first addressing basic needs like housing, clothing, food, and a sense of security and safety from their trafficker (Gezinski & Karandikar, 2013; Hopper, 2016)

Well-being has been distinct as the combination of feeling good and functioning

well; the experience of positive emotions such as happiness and contentment as well as the development one's potential, having some control over one's life, having a sense of purpose, and experiencing positive relationships (Huppert, 2009). Psychology well being is a person cognitive or emotional part of life which a person free from mental tension and other related stress. It is the good condition of human being as well as mentally and physically fit, must be away from stress and positive thinking. Positive mental health as "a state of wellbeing in which the individual realizes his or her own abilities, can cope with the normal stresses of life, can work productively and fruitfully, and is able to make a contribution to his or her community" (W. H.O, 2009). Identified more trafficking victims and referred all to care, providing protective services in partnership with NGOs and international organizations, and increased protective services for victims who assisted ongoing law enforcement investigations.

# Discussion on Perspective of well being

Wellbeing in which every individual has won potential cope access to life with the normal situation as well as productive and fruitful life for upcoming situation. Human trafficking has a devastating impact on individual victims, who often suffer physical and emotional abuse, rape, threats against self and family, passport theft, and even death. But the impact of human trafficking goes beyond individual victims; it undermines the safety and security of all nations it touches. Knowing what the specific effect how they impact a victim is an important part of understanding the complexity of this providing appropriates support. Quality of life for trafficked survivor which is multiple aspects and multidimensional living conditions health, safety, culture, social activities, voice of

social right, relationship social cultural support etc.

Reintegration is the process of recovery for economic and social inclusion as they positive effect including living condition, living environment physical mental social wellbeing as well as social support for post trafficked survivor. Reintegration is saline feature gender attitudes lack of employment opportunity for women economic empower long term support and overall development (UNDP, 2015).

It is need to provide safe home for the survivor, capacity building independent well being medical support finical independent, reunification with family as well as community too. It implies returned original place toward become civil and political life.ir is ling term process it depends on victims and environment. It means victims of trafficking moving back home. They wants to starts earning to support, skill full education opportunity it seem to getting life success, risk reduction.

## Conclusion

On a macro level, social workers should advocate for interagency collaboration, information sharing, specialized trainings, and coalition building to create streamlined community and large scale efforts. The community or social worker profession utilizes theories from a variety of fields. Some cover basic human growth while some are more multifaceted and can explain illegal and deviant behavior. Therefore, interventions must be able to break the dependence victims have on their traffickers. The first step in assisting sex trafficking victims is identification. Medical personnel in hospitals, emergency rooms, clinics, and shelters can act as first responders in identifying potential victim.

Utilize theories that travel around power, control, development, and deviant behavior can help social workers and other professionals to develop impactful interventions informed by theory and years of research on the issue .

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