

BELIEFS AND HABITS TOWARDS THE USE OF ENGLISH NEWSPAPERS IN LEARNING AUTONOMY

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Abstract

The current era is an era of media and technology. Reading English newspaper is also a technological issue of language learning and teaching. Many studies have shown that autonomous learners are able to learn the language without being spoon-fed the information and assistance. Learners perform many activities inside the classroom and outside the classroom. The present article is the exploration of autonomic English learning strategies through newspaper reading. This study attempts to explore the students' and teachers' beliefs towards the use of English newspapers with reference to learning autonomy and it also aims to explore the habits of reading English newspapers. For this, both qualitative and quantitative data have been interpreted and analyzed. To examine the beliefs of students towards the use of English newspapers exit poll questionnaire survey was used. The key informant interview method also has been employed to explore beliefs of the teachers as well as the experiences regarding the reading newspapers and forming the habits of reading newspapers. Furthermore, the results suggest that students should use and read newspapers as an authentic and useful supplementary materials for improving their English language autonomously. Moreover, this study also asks the teachers to make students informed regarding the usefulness of newspapers for the part of learning English language.

Keywords: Beliefs, English Newspapers, Habits, Learning Autonomy

Background

The concept of learner autonomy was first introduced into the ongoing debate about (second language) L2 learning and teaching by Henri Holec in a report published by the Council of Europe in 1979. He defined learner autonomy as “the ability to take charge of one’s own learning” (Juan & Yajie, 2018). According to the Longman Dictionary of Language Teaching and Applied Linguistics, learner autonomy is defined as “the principles that learners should be encouraged to assume a maximum amount of responsibility for what they learn and how they learn it. In other words, it refers to the abilities to control themselves on their own so that the students will be able to set the goals of the study and participate in their own way for their learning. Autonomy for learning is very important for the learners to be independent for their learning progress. That’s why every teachers of higher level education need to think about the different kinds of materials and for autonomous

learning project in Nepal.

With the variety of environment, method, and different sources of learning materials, Autonomy English learning on the media is playing very important role in modern English learning. Due to the recognition of changing views on language, language teaching and learning strategies and language learners, the most important thing in language teaching and learning is that learners must be able to communicate in natural setting.

This is the 21st century where information and communication technologies such as mass media, causing rapid changes occur everywhere. Learners are involved in different mass media for mass communication and entertainment. Media has today become the voice of our society. There is a variety of media platform that has stimulated the thoughts of the young generation and other sections of our society, more eloquently (Singh & Singh, 2017) . It has great roles for entertaining the public, educate and make people aware of the current happenings. The materials which are available in media in English language equal help the learners to learn the language without much effort. But this study only The activities which are performed outside the class such as visiting libraries, listening programs, playing games, view English materials and others can relate in language learning and teaching. That is why learning autonomy is essential for formal and informal education but no researches have been conducted on the issue.

A newspaper is a publication that has a lot of news material written in it. It is a mode of mass communication. Traditionally, it can be defined as a set of large printed sheets of paper containing news, articles, advertisements, reports, book reviews, etc. and published every day or week. However, since the evolution of internet there is emergence of many online newspapers websites. A wide coverage of information is obtained at low cost through newspapers. So, this is the true community media which delivers news, information and entertainment content on multiple levels in multiple sections. It carries information on distinct topics such as stocks business, finance, entertainment, current affairs, politics, art culture, sports, social issues, movies, share market, derivatives, commodity market advertisements etc. So, newspapers have the very crucial role in the society because of the wide coverage of different topics in different area. But, this study only talks about how English newspapers help the students to learn English language.

English newspapers are the newspapers which are printed in English language. In the context of Nepal, there are several newspapers which are published in English language such as Rising Nepal, Kathmandu Post, The Himalayan Times, and Times etc. They are published for international purpose for those people who can read and understand English language. Although their main purpose is to inform the people about current happening they are equally contributing to the people in education. They are important not only spreading news but are also a form of media where

English Language learners can get exposure of English language in informal contexts.

Similarly, Newspaper articles are written clearly and directly, making them perfect for language learning. The language used in newspaper is a day to day language. Reading English newspapers can help students learn a lot of vocabulary, raise reading skills and increase reading speed because the contents of the English newspapers are rich and vivid (Ahmmed, 2016). So that English newspapers can be used in various ways to learn English language. It helps the students to develop all the skills and aspects of the learners. Moreover, it also helps the students and teachers to change the ways of teaching and learning in English language learning environment.

With the regards of drastic change in English language teaching and learning, teachers and students should change way of teaching and learning. Reading improvement is teaching methods. Teaching methods like activity-based learning and active learning are essential for promoting learner autonomy in language classrooms. Teaching methods and classroom activities for students to improve reading skills through newspapers, based on the concept of learner autonomy, are the key factors to turn students into becoming autonomous in their own learning. So this study tries to make the students autonomous for their learning using newspapers.

Review

Previously many studies have been conducted in the field of learner autonomy in Nepal. They have contributed through their findings and recommendations. Although, critical events outside the classroom play a central role in shaping learners views of learning English. Students who see their limitation weakness in foreign language try to develop their weaknesses with reading, listening to songs, watching movies outside of the classroom but there is not any study on the activities which are performed by the students outside the classroom in Nepal.

The history of English language teaching in Nepal is about a half a century. The first English language education opened to the people in 1951. English has become available through mass media such as radio, television, internet, and newspapers, particularly expanding after the 1990s with the opening of Nepal to tourism. Though English is widespread in many areas of Nepali life and is seen as a passport to a better future (British Council, 2018). English language is learned for different purpose after acquiring his/her own native language in Nepal. In this context, Learners feel quite difficult to learn the English language. So newspapers can be used as the supplementary sources of English language learning material to improve their English which are available in our daily life. Students who want study and learn outside of their syllabus can read English newspapers regularly. They can enjoy reading the articles which they like most.

Nepal's School Sector Development Plan (2016 – 2023) relates the aim “to ensure equitable access

to quality education for all”, to the country’s vision of graduating from the status of a least developed country by 2022, to a middle income country by 2030 (British Council, 2018). So that, teachers and researchers of English Language teaching and learning are also trying to bring quality in English language learning environment. So learner autonomy has become one of the best ways of changing teaching and learning environment as well as to develop the quality in education in Nepal.

Learner autonomy has long been known for its use in the field of foreign language learning and teaching in order to assist learners in becoming autonomous mainly through language classroom activities. (Chanpradit, 2019) . Teachers all over the world assume a discreet autonomy regarding their beliefs, perceptions and knowledge of teaching methodology (Mahmud, 2018). Therefore, in this 21st century where learner autonomy has become one of the central topics for every researcher because it has the feature of dealing with their own for their learning project. In the context of Nepal also there are several researches done in Learner autonomy. But they are silence regarding the use of English newspapers in learning autonomy.

Objectives

To explore the students’ and teachers’ beliefs towards the use of English newspapers with reference to learning autonomy. To explore the habits of students’ and teachers’ reading English newspapers.

Methods

The main purpose of the study is to explore the students’ and teachers’ beliefs towards the use of English newspapers in learning autonomy. This is descriptive survey research in which both qualitative and quantitative data have been employed sequentially to reach the objectives of this study. To examine the beliefs of students towards the use of English newspapers exit poll questionnaire survey was used to gather information that reflects population’s attitudes, behaviors, opinions characteristics and beliefs of the participants that cannot be observed directly. The samples of the present study have been consisted of 40 students of University Campus, T.U, who have visited the CRC for the purpose of reading newspapers. Participants were presented with a set of questionnaire constructed by the researchers. For the more information and to explore beliefs of the teachers towards the use of English and to explore the habits of reading newspapers, the researcher has conducted interviews with their teachers from the University Campus, T.U, Kirtipur, Kathmandu.

Findings/Discussion

The obtained data were analyzed in a descriptive way on the basis of following themes: Responses of the students and Responses of the teachers on Views on learning autonomy, English newspapers as source, Effectiveness of English newspapers in learning English language, Learner autonomy

through reading English newspapers and Habits.

Responses from students

This study has used questionnaire to students to measure the perceptions of the students towards the use of English newspapers for learning autonomy. In the questionnaire, the researcher has used both quantitative and qualitative types of questions. By analyzing recorded data, it is found that more than 83.82% of the students have positive beliefs towards the use of English newspapers in learning autonomy. They believe that English newspaper is one of the best authentic materials which provide the opportunities to learn the language with current information and issues.

Beliefs towards the use of English newspapers in learning autonomy

SN	Items	Responses											
		Disagree						Agree					
		SD		D		Total		A		SA		Total	
		N	%	N	%	N	%	N	%	N	%	N	%
1.	Reading newspapers helps the students to develop their independency.	-	-	-	-	-	-	20	50	20	50	40	100
2.	Reading newspaper improves English language in informal setting.	-	-	5	12.5	5	12.5	20	50	15	37.5	35	87

3.	R e a d i n g newspapers provide opportunities to engage in discussion and develop creativity.	-	-	4	10	4	10	11	27.5	25	62.5	36	90
4.	E n g l i s h newspapers are the best materials to learn English language in natural setting.	4	10	11	27	15	37.5	20	50	5	12.5	25	62.5
5.	E n g l i s h newspaper provides opportunities to develop the skills of language outside the classroom.	-	-	-	-	-	-	25	62.5	13	32.5	38	95
6.	E n g l i s h newspaper motivates the students to learn the language with the current knowledge.	-	-	-	-	-	-	25	62.5	11	27.5	36	90

7.	E n g l i s h newspaper helps the learner to plan for their learning goals.	1	2.5	8	20	9	22.5	-	-	29	72.5	29	72.5
8	E n g l i s h newspaper provides the opportunities to choose the different kind of areas to develop l a n g u a g e competency.	-	-	-	-	-	-	35	87.5	4	10	39	97.5
9	Reading English newspapers provide the opportunities to discuss with peers.	-	-	-	-	-	-	26	65	11	27.5	37	92.5
10	Reading English newspaper helps to evaluate the problems of learning English.	-	-	9	22.5	9	22.5	21	52.5	10	25	31	77.5
11.	E n g l i s h newspaper is the best English learning sources for the improvement of four fundamental English skills.	5	12.5	15	37.5	20	50	9	22.5	11	27.5	20	50

12.	English newspapers are regarded as a learning tool for bringing reading benefits and skills to the learners at all levels.	4	10	16	40	20	50	19	47.5	11	27.5	20	50
13.	English newspapers helps the learners get closer to the world of information that is instantly changing all the time.	-	-	6	15	6	15	22	55	12	30	34	85
14.	Reading English newspapers allow the students to follow surrounding events in every field of their interests through a variety of social media channels especially TV, newspapers, internet and so on.	-	-	2	5	2	5	37	92.5	1	2.5	38	95

15.	Reading English newspaper supports the students in comprehension, critical thinking skills, increased vocabulary, creative writing opportunity, and increased general knowledge and extension activities.	-	-	-	-	-	-	6	15	34	85	40	100
16.	English newspaper makes the students familiar with its structures, words, language use and other grammatical elements.	1	2.5	4	10	5	12.5	10	25	25	62.5	35	87.5

17.	English newspaper helps the learner learn how to speak English from newspaper stories full of grammatical senses and repeated exposure to words and phrases.	-	-	3	7.5	3	7.5	27	67.5	10	25	37	92.5
Overall beliefs towards the use of English newspapers in learning autonomy		SD:2.05%		D:12.20%		A:48.97		SA:36.32					
		Negative:14.70				Positive:83.82							

(Study, 2020)

Legend: S.N. = Item Serial Number, N = Number of Responses, % = Responses in Percentage

SD: Strongly Disagree, D: Disagree, A: Agree, SA: Strongly Agree

The seventeen of the items in the table 6 were implemented to find out the perceptions of the students towards the use of English newspapers in learning autonomy, a high proportion of the respondents (83.82%) overall believe that English newspapers help a lot for improving English language in autonomous setting. Only few respondents (14.70) do not have positive beliefs towards the use of English newspapers in learning autonomy. The first item was designed to find out whether the newspapers help the students to develop their independency or not. According to the responses 100% were found positive towards the use of English newspapers for English language learning independency.

Similarly, the item 2 was meant to find out the English language improvement through reading English newspapers in informal setting. In responses to the second item the vast majority of respondents replied that English newspapers improve English language in informal setting well (87.5.9%), only 12.5% aren't satisfied of their ability. Item 3 and 9 were constructed to find out whether the reading English newspapers provide the opportunities to discuss with peers or not. In

those respective numbers (in item 3 (90%) responses and in item 9 (92.5%)) respondents' response that reading newspapers activities provide opportunities to discuss with peers which is essential to develop the creativity of the students. only in item3 (10%) didn't believe on this issue. Similarly, in item 9 respondents did not responses anything which shows neutral on this issue.

Similarly, item 4 and item 11 were made to measure whether English newspapers can be used as English learning sources to improve four fundamental skills of language in natural setting or not. In those numbers (item 4 (62.5%) and item 11(50%)) responses were positive towards the use of English newspapers as resources and rest of the respondents (item4 (37.5%) and item 11(50%) did not prefer to use English Newspapers as the best resources of English Language learning.

In the responses of item 5 also can be observed that (95%) of the respondents responded positively and only 5% did not response in any table which shows neutral to this item. According to the recorded data, English newspaper provides opportunities to develop the skills of language outside the classroom. Similarly, analyzing the item 6, it is found that English newspapers motivate the learners to learn the language with current knowledge. As shown in the table in item 6 (90%) of the respondents have the positive beliefs towards the use of English newspapers for the motivation of the learners. Remaining number of the respondents (10%) did not response in any table in the data.

Item 7 was constructed to measure whether reading newspapers provide the chance to make plan for their study by considering their weakness or not. According to the recorded data (72.5%) of the respondents believe that students help a lot to plan for their learning. Only 22.5% of the respondents did not believe in this item. Analyzing item 8 the results shows that 97.5% of the respondents believe that reading English newspapers provide the opportunities to choose the different kind of areas to develop language competency but 2.5% of the respondents did not response in any table in this item.

Responses to item 10 show that 77.5% of the respondents have positive beliefs towards the use of English newspapers to evaluate the problems of learning English and to find out the weakness of their learning which is essential part of learning progress. Item 12 was constructed to measure that English newspapers are regarded as a learning tool for bringing reading benefits and skills to the learners at all levels or not. According to the recorded data, 50% of the respondents have the positive beliefs and 50 % of the respondents did not believe that English newspapers can be used as a learning tool for bringing reading benefits.

Analyzing the item 13 and 14 the recorded data shows that 85% of the respondents believe that English newspapers helps the learners get closer to the world of information that is instantly changing all the time and only 15% of the respondents did not have positive beliefs in this item.

Similarly, in item 14 95% of the respondents support to read newspapers which helps to follow surrounding events in every field of their interests through a variety of social media channels especially TV, newspapers, internet and so on. Only 5% of the respondents did not believe in this item. In the responses of item 15 100% of the respondents agreed that reading English newspaper supports the students in comprehension, critical thinking skills, increased vocabulary, creative writing opportunity, and increased general knowledge and extension activities.

Similarly, in item 16 was designed to measure how reading English newspapers the students. The results of the responses show that a great numbers of the students i.e. 87.5 % believe that English newspaper makes the students familiar with its structures, words, language use and other grammatical elements for their language learning. Few numbers of students' i.e.12.5 did not agree with this item. Observing the item 17 92.5% agreed that English newspaper helps the learner learn how to speak English from newspaper stories full of grammatical senses and repeated exposure to words and phrases and only few of the respondents

Exploration of English Newspaper Reading Habits

SN	Items	Responses											
		Disagree						Agree					
		SD		D		Total		A		SA		Total	
		N	%	N	%	N	%	N	%	N	%	N	%
1.	Autonomy on Reading English Newspapers increases the language skills	-	-	-	-	-	-	32	80	4	10	40	90
2.	Autonomy can be developed through reading newspapers	-	-	9	22.5	9	22.5	26	65	5	12.5	31	77.5
3.	Reading English newspapers make the students autonomous.	-	-	11	27.5	11	27.5	22	55	7	17.5	29	72.5

4	Reading English newspaper makes the students responsible for their learning and develops their habit of reading	-	-	3	7.5	3	7.5	24	60	13	32.5		92.5
5.	English newspaper assists the learners with their own favorite styles and strategies which help to form the habit of reading different resources.	-	-	-	-	-	-	31	77.5	6	15	37	92.5
6.	English newspaper improves the learners by supporting their choices.	-	-	12	30	12	30	28	70	-	-	28	70
7.	English newspaper inspires the learners to generate their own tasks and develop the habit of reading.	-	-	10	25	10	25	17	42.5	13	32.5	30	75
8	English newspapers allow the learners to set their own goals and develop the habit of reading.	-	-	12	30	12	30	18	45	10	25	28	70
9	English newspapers make the instruction goals clear to the learners.	-	-	14	35	14	35	19	47.5	7	17.5	26	65
10	English newspapers raise awareness of learning process.	-	-	6	15	6	15	20	50	14	35	34	85

11	Reading English newspapers develop the habits of reading.	-	-	-	-	-	-	10	25	30	75	40	100
12	English newspapers promote the habit of reading.	-	-	-	-	-	-	26	65	14	35	40	100
13	Reading English newspapers develop the habits of collaborations.	-	-	-	-	-	-	27	67.5	13	32.5	40	100
14	Reading English newspaper provides the chance to move on to reading another news section as learners' interests.	-	-	9	22.5	9	22.5	24	60	7	17.5	40	77.5
15	Being based on reading comprehension practice the students will slowly get into the habit of reading.	-	-	2	5	2	5	15	37.5	23	57.5	38	95
Overall beliefs towards the explorations English newspapers reading habits		SD: 0%			D:14.66%			A:56.46%			SA:26.83%		
		Negative:14.66%						Positive:83.29%					

(Study, 2020)

In this table also the fifteen of the items in the table 6 were implemented to explore the habits of reading English newspapers of the students and relate them to autonomous activities of the students. As shown in the table a great numbers of students' i.e.83.29% have positive beliefs towards the use of English newspapers in learning autonomy. It means that the habits of reading newspapers improve English language in autonomous setting. Few respondents i.e. 14.66% did not have positive beliefs towards the use of English newspapers in learning autonomy. According to the data, 26.83% responded in strongly agree, 56.46% showed agree, 14.66% responded in disagree and there were not respondents in strongly disagree. Moreover, some items i.e. 2.05% were left without any response.

The first item was meant to know whether autonomy on reading English newspapers language skills or not. Table shows that majority of the students i.e.90% always have positive beliefs towards the reading English newspapers increases skills of language. In the same item none of the respondents disagreed but there were some respondents' i.e.10% that did not response anything.

Similarly, second item was meant to measure whether autonomy can be developed through reading newspapers or not. According to the responses of the students i.e. 77.5% believe that autonomy can be developed through reading English newspapers but some students i.e.22.5% did not agree with this statement.

Analyzing responses to the item 3 showed that 72.5% of students believe that they reading English newspapers make the students autonomous. In contract 27.5% did not agree so. Similarly, analyzing the item 4 agreed that English newspapers make the students responsible for their learning and develop the habits of reading. Only few students 7.5% did not believe so. The results of the Item 5 in the table show 92.5% agreed that English newspapers assist the learners with their own favorite styles and strategies which help to form the habits of reading but none of the students disagree with this item.

By analyzing the results from the table in item 6 and 7 more than 70 %students believe that reading English newspapers improves the language by supporting their choices and also inspire the learners to generate own tasks and develop the habits of reading Only in item 6 30%and in item 7 25% did not agree with these item. Item no 8 and 9 tried to measure whether reading English newspapers allow the learners to set their goals or not. The results of the table show that more than 65% students believe that English newspapers help the learners to set their goals for their learning as their and interest also it instructs the learners for their learning. In contrast 12-14% students did not agree with this item so far.

It can also have observed in table in item 10 i.e.85% believe that reading English newspapers raise the awareness of the learning process and only few students i.e. 15% did believe so. Similarly, item 11and 12 tried to measure whether the reading newspapers helps to promote the habits of reading or not. In these cases, also most students i.e. 100% believe that English newspapers help a lot to form the habits of reading. Item 13 was made to measure whether the students develop the habits of collaboration or not. So far in this item also 100% students believe that they are helpful from reading newspapers to create the habit of collaborations. Similarly, item 14 was made to know whether reading English newspapers consider the students interest or not. According to recorded data in table it shows that 77.5% students agreed that reading newspapers consider the students interest and few students i.e. 22.5% did not believe in this item.

Finally, the last item 5 was made to measure the practices of reading English newspapers help the learners to develop the habits of reading or not. By analyzing the table 95% student believed that being based on reading comprehension practices the students will slowly get into the habit of reading. Here, only % students showed disagree with this issue.

Responses from teachers

Views on learning autonomy

Learner autonomy is defined in a number of ways but it refers to the processes of being independent in which learners are involved to the dependent work such as group work, peer work project work. They don't necessarily depend on textbook and what the teachers teach in the classroom but they try to explore their idea and evidences run something out of the course. Though it is theoretical notion for being independent learning we can take it students activeness, readiness and students ability to handout all their learning activities themselves or they take their sole responsibilities of learning themselves.

English Newspapers as learning resource

Learners used range of the resources such as books, newspapers, articles, journals etc. inside the classroom and outside the classroom. English newspapers can be useful for the learners to improve their language and develop their proficiency. One of the teacher said that if English newspapers can be used as authentic resources for learning English purposefully then it helps in so many skills and aspects of language i.e. it is very helpful for improving vocabulary as it covers so many things such as politics, environments, culture, economy, society, education, specific genre, specific discipline etc. they can also develop fast reading skills, spelling skills, grammar etc. So newspapers can be used as resources to develop all the skills and aspects of language autonomously.

Effectiveness of English newspapers for learning English language

People read English newspapers especially for the purpose of information and evidences of current happenings. But it is equally helpful for the purpose learning English language. Mittal (2014), stated that Newspapers are one of the most powerful sources of information. Students can get a lot of practical knowledge in pretty less time. It provides many ways of discussion and conversation. It helps the learners to improve the reading ability. Along with this, knowledge grammar, correct use of words, tenses and other things can be develop through reading English newspapers (Mittal, 2014). Similarly, one of the teacher also said that reading English newspapers can be linked to the English language learning and autonomous learning if they are purposefully used. He also said that if it is used for the purpose of learning English then it helps in number of ways i.e. it improves vocabulary, grammar, critical thinking etc. but it should be used properly for the purpose of learning

goals and link to the curriculum. So, purposeful reading activities are most for the effectiveness achievements. Another teacher also said that reading newspapers can be useful for each and every aspects of language within newspaper learners find the variety of the text in different style, different genre like news article, advertisement some informative text feature etc (Badal, 2018). English newspapers for the purpose of language improvement are one of the best of supplementary materials which are available in natural setting.

Learning autonomy through reading English newspapers

Autonomous in learning

Newspapers can be used inside the classroom and outside the classroom. Reading newspapers in informal setting is related with autonomous learning. There are many effective ways to keep students autonomous in learning, but one way is to enable students to become autonomous through activities, especially reading activity or in other words Learner autonomy relies heavily on reading strategies to direct learners to the road of becoming autonomous. So, Newspapers are as the most useful learning source because they cover every topic that students are interested in (Chanpradit, 2019). One of the teachers added his interaction with students the he said that learners prefer to read the newspapers reading horoscope and interesting articles stories included in newspaper. These activities can be linked to the learners to the autonomous activities outside the classroom for English language learning.

Peer collaboration and group discussion

Reading newspapers equally helpful to provide opportunities in discuss with peers as well as group. One of the teacher said that Newspapers provides the opportunities in a great extend if it is purposefully used i.e. one student read newspapers another student note down the information and also one students read newspapers other find out unfamiliar vocabulary they can use of those vocabulary and they try to find out the meaning by looking at dictionary. So reading English newspaper provides the opportunities to discuss with peers and group.

Motivation

English newspaper provides very information so readers are involved newspapers for the different purpose i.e. they read newspapers for information, they read sometimes for entertainment, they read to update himself/herself and also they read for the purpose of developing language learning. One of the teacher said that when they read newspapers then they get opportunities to see sentence structure, use of words, new vocabulary etc along with these they also get opportunities to read, write, discuss, and share the experiences with peers. On the issues of learning awareness, if learners read newspapers, then the find their weakness and set their idea according to their level for their

knowing. If it is purposefully use for language learning so reading newspapers help a lot to find out the weakness of the students and try to improve themselves.

So they can develop the good habit of reading beyond the text which are helpful to make the students independent and also motivate the learners to go through out of the contents and textbook. Newspapers help the learners to find their weakness and help them to set the goals of the study according to their level.

Learning awareness

Reading English newspapers help the learners to find his/her weakness in a great extend which are very essential to make the students aware of their own learning processes through the adoption of reading strategies such as making predictions, skimming, scanning, extensive reading and intensive reading. One of the teachers said that if learners read newspapers then the learners find their weakness set goals for their learning as their levels. So reading newspapers help a lot to find out the

Habits

Habits play very essential role for the learners to develop their language competences and proficiency. In the context of Nepal, learners do not have good habits of reading English newspapers for the purpose of learning English. They simply read headline, see pictures for fun and read horoscope. One of the teacher said that Nepali learners do not use English newspapers as sources of learning because of the several reason i.e. they do not have access of newspapers, they do not understand the language, they don't know the value of the newspapers, sometimes they believe the newspapers but they don't believe as the part of learning. The results of the study recommended to use newspapers as sources of learning materials and also suggested to develop the habit of reading.

Conclusion and recommendation

Based on the recorded data, I draw the following conclusions and make some recommendations for students, teachers and educators: The surveyed students' views towards the use of English newspapers showed very positive, they agreed that English newspapers are effective authentic materials for the English language learning purpose in natural setting. They believed that reading English newspapers help a lot for developing vocabulary, grammatical items, structures critical thinking, increase general knowledge and extension activities so on. The results also show that reading newspapers make the students responsible for them by assisting the learners with their own styles and strategies which helps to form the habits of reading.

From the results of interpreted analyzed interviews, the teachers also agreed that English newspapers can be used as the best authentic source for English language learning. It should be used for the

purpose of learning language. Reading newspapers in English is an excellent way for learners to develop their many skills and aspects of language autonomously. They can develop their skills: reading, writing, speaking and listening skills. But it depends upon the students to what extent they read newspapers and to what purpose they read. It is often published in formal writing or in the form of activity-based learning and teaching, especially reading comprehension which allows learners to read the most relevant newspaper story that they like the most and answer questions related to its story. When the learners read newspapers for the purpose of learning Language then they make the learners to learn about or at least are familiar with its structures, words, language use and other grammatical elements. Based on reading comprehension practice, they will slowly develop the habit of reading. The reading habit that they have is a key to put them into writing practice as they are inspired by the stories they feel interested in. They also have the opportunities to discuss and share with peers. It also helps learners to make aware of the learning. It is equally beneficial to know the weakness of the learners which may help the learners to set the goals of learning. It creates self-realized which are very essential to promote language learning.

In the context of Nepal, we do not have good habits of reading English newspapers for the purpose of learning. This study also found that learners read newspapers only headline and sometimes they read interested sections such as horoscope, games and sometimes only see pictures. So it should be promoted so far. To develop the habits of reading English newspapers the teachers and parents should have to develop positive perceptions and attitudes towards the use of English language learning purpose. This study recommended that teachers should motivate the learners by asking the learners to go through reading English newspapers to enhance their language skills and aspects. The teachers should make the learners inform the value and effectiveness of newspapers as authentic and supplementary source for learning language.

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