

## DEAN NECON 2023 theme “Empowering endocrine practice in Nepal”

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### INTRODUCTION

Empowering in medicine is defined as the ability to effectively motivate and mobilize yourself and others to accomplish positive outcomes in your practice and work environment.<sup>1</sup>

Nepal has a high prevalence of various endocrine diseases, which is a challenge for its endocrinologists,<sup>2</sup> because endocrinologists are few introduced into medical fraternity of Nepal since decade only. Moreover endocrinology is relatively one of the newer super specialties of internal medicine.<sup>3</sup>

The Diabetes and Endocrinology Association of Nepal (DEAN), which has celebrated more than decade since 2008, continues to mature along with its members, the endocrinologists of Nepal. DEAN represents the aspiration and ambition of Nepalese endocrine fraternity, and exists for rights as well as responsibilities and its mission, vision and goal.

DEAN has empowered the endocrine practice in Nepal in following ways:

- unique platform for budding endocrinologists
- meet and interact regarding endocrine problems
- establish consensus statements on diabetes and hypothyroidism
- have conducted various National and International Conferences/CME/
- have conducted PHFI diabetes and thyroid

- courses regional and national level
- World diabetes day and thyroid day are celebrated with education and health camp
- conducted first ever national endocrine conference (DEAN NECON 2023) in Eastern Nepal motivating young budding endocrinologist and awarded best endocrine clinical case presenter.

### References

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2. Shrestha D. Endocrinology in Nepal: Unique challenges, unique solutions. *Indian J Endocr Metab* 2011;15:46-7.
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