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# Writing and Publishing a Scientific Research Paper

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## Abstract

Research findings are pivotal drivers in societal advancement, catalyzing the generation of novel knowledge and fostering innovation. To ensure wider dissemination and effective communication, it is essential to publish research articles in peer-reviewed and indexed journals. Moreover, publishing papers in high-impact factor journals has become an essential academic and professional obligation in many countries worldwide. A good research report should fill a knowledge gap, providing new and valuable insights, quantifiable data, and measurable outcomes. The shape and structure of a scientific paper depend heavily on the research question and the data assembled for publication. However, even if a paper contains innovative and outstanding content, it may face rejection if its structure and organization are not meticulously crafted. Furthermore, the increased volume of submissions to highimpact journals can also pose a significant challenge to getting papers published. To enhance the likelihood of successful publication, researchers should prioritize meticulous planning and rigorous implementation of their research methodology. Equally important is the careful structuring of the paper, encompassing critical elements of different parts of article. This article serves as a valuable resource, particularly for individuals who are in the early stages of their academic and research journey. Thus, to communicate their research findings and innovations effectively to a target and informed audience, researchers and academics must possess fundamental insights into the publication process. Adhering to the guidelines outlined in this paper enhances researchers' ability to meticulously structure their papers, thereby increasing the likelihood of successful publication and facilitating meaningful contributions to the broader scientific community. It not only bolsters researchers' prospects but also serves to strengthen the integrity and impact of their work within the scientific community. Additionally, it offers a brief overview of the submission and review processes involved in publishing in peer-reviewed journals.

Finally, this paper provides invaluable insights aimed at enhancing the quality and increasing the likelihood of acceptance of scientific papers.

**Keywords**: Impact factor, peer-reviewed journals, publication process, research findings, scientific papers

### Introduction

Academic research papers play a crucial role in sharing valuable insights with scientific communities, policymakers, and the publics (Björk & Solomon, 2013; Topper & Boehr, 2018). They foster knowledge creation, innovation, and collaboration (Calfee & Valencia, 1991; Pal et al., 2021), making it vital to encourage scholars to contribute to new knowledge through manuscript publication (Glew et al., 2014). Importantly, publishing in peer-reviewed journals connects scholars globally (Liumbruno et al., 2013). Yet, the increasing number of submissions has made scientific writing and publication more challenging, with high-impact journals accepting only a fraction of articles (Bayne et al., 2003). For research to benefit society, it's crucial to rethink existing practices (Ober et al., 2013). Effective research communication is about justifying significance (Jirge, 2017), clarity (Debnath & Venkatesh, 2015), rigor, and persistence (Ecarnot et al., 2015). Prioritizing data collection, analysis, and academic writing enhances research quality (Davis, 2011). However, research varies in its driving forces and ultimate impacts. Some researches are primarily motivated by academic and grant-related considerations, often resulting in limited societal relevance. In contrast, there are research endeavors that wield significant influence on both human and environmental domains (Hames, 2008). Thus, to disseminate insights effectively, publishing in peer-reviewed and indexed journals is essential (Pontille & Torny, 2015).

Interdisciplinary research is increasingly published in diverse journals (Björk & Solomon, 2013; Rietveld & Schilling, 2021). Researchers globally use systems like Scopus, Google Scholar, Nepjol, etc. (Topper & Boehr, 2018). However, writing for peer-reviewed journals requires more than just writing skills (Liumbruno et al., 2013; Mahl et al., 2023). This article focuses on structuring an interdisciplinary scientific paper's three main sections: introduction, body, and conclusion. We recommend a structured approach for young researchers: Begin by explaining the materials and methods that the researchers have used. Then, write the results and discussion section. After that, wrap things up by giving a quick summary of what you discovered and why it is important in the form of a conclusion. Finally, create an introduction and a separate abstract to give an overview of the research work. This structured approach can help young researchers organize their work effectively. By adhering to this approach and emphasizing each section's key elements, researchers can effectively communicate and advance scientific knowledge. However, it also hinges on the author's personal writing style and their familiarity with the subject

matter. We also discuss essential sections like the author's declaration, contribution, ethical clearance, financial support, and acknowledgment.

Moreover, selecting the right journal is crucial, and we guide how to do so and write a compelling cover letter. We also offer tips on addressing Editors' and Reviewers' comments effectively. Following these guidelines and tips will help authors prepare manuscripts that meet scientific publishing standards, improving their chances of publication in indexed journals. Essentially, the choice of starting point in the manuscript writing process depends on the article's nature and the author's writing style. However, we recommend following the general structured flow chart incorporating the key components in your writing process (Figure 1). Thus, the main objective of this paper is to equip researchers with the tools and knowledge necessary to communicate their findings effectively to the scientific community.

### Figure 1

General Structured Flow Chart of the Manuscript Writing Process



# Methodology

This paper involves a thorough literature review to gather insights from diverse sources, including research, academic databases and expert opinions. This information is synthesized to develop a conceptual framework that guides the discussion on key topics such as effective communication, manuscript components, and publishing trends. Case studies and examples, including the author's own experiences, are incorporated to illustrate principles, while critical evaluation is applied to assess existing approaches. The review offers practical recommendations for improving writing and publishing skills, and quality assurance measures to ensure accuracy and coherence.

#### **Components of the Manuscript**

A good research report should offer fresh insights, filling knowledge gaps with new quantifiable data or innovative interpretations of any literary and artistic creations. This involves presenting measurable outcomes or effective treatment, contributing to novel perspectives (Laramee, 2010). Writing and publishing a scientific paper is crucial for those in research or academia. The challenge begins with structuring the paper based on the research question and data. Thus, writing a scientific paper requires careful consideration of several crucial factors. The process typically involves creating a hypothesis and objectives, conducting a literature review of at least 30 to 50 published works on relevant themes (Pontille & Torny, 2015; Sone et al., 2021), and consulting the publisher's Guide for Authors (Calfee & Valencia, 1991; Hoffman, 2022). When it comes to writing a scientific manuscript, some major components must be included. These include the abstract, introduction, methods, results, discussion, conclusion, and references (Björk & Solomon, 2013; Denniss & Gregory, 2017). Each of these components plays a critical role in ensuring that the research is presented effectively and accurately. Overall, it is important to pay attention to each of these components when writing a scientific manuscript (Table 1, Figure 2). By following the guidelines and best practices for each section (Debnath & Venkatesh, 2015; Smith, 2024), authors can effectively communicate their research and contribute to the advancement of scientific knowledge.



# Figure 2

Major Components of a Manuscript

S.N.	Components	Length		Key Elements	Remarks
		Words	Paragraph	-	
1	Title	<20			
2	Abstract	150-300	1	Self-stand, all the components in the precise form	1 Paragraph
3	Highlights	<100	3-5 Bullet point	Summary of the most exciting points, innovations	
4	Graphical abstract	Pictorial			
5	Background/ Introduction	< 1000	3-5	Context, perspective, research gap/ objectives	1-2 Pages
6	Materials and methods	< 1000	3-5	Study area, experimental design, study population, sample size, sampling strategy, analysis, and interpretation techniques	1-3 Pages figures/tables
7	Results and discussion	< 6000	6-10	Key findings, interpretation, compare and contrast	5-15 pages figures/tables (3-8/2-4 in number)
8	Conclusion	< 500	2-3	Meaning of the key findings as per the set objectives	1 Page
9	References	30-50 related articles		In numbers, no use of grey literature	2-4 Pages
10	Supplementary/ metadata			Journal requirements	

# Table 1

Key Elements of the Manuscript in Scientific Writing

Note: Journals have their unique formatting guidelines, which may include specific wording, table and paragraph formats, figures, references, and limitations.

# **Preliminary Parts**

### **Article Title**

The title of a manuscript is the first chance to grab the reader's interest and make a lasting impression. It is essential to create a title that accurately reflects the content of the article and highlights its contribution to the field. The purpose of the title is to excite the reader about the research work and invite them to read the full-length article. To create an effective title, authors should summarize the main theme of the article and reflect on its contribution to the theory. It should accurately foreground the contents and be concise, specific, and unambiguous. Editors, referees, and readers are very selective, so it is crucial to write for the reader and remember that the first reader is the editor and the reviewers. A good title can greatly influence whether or not the manuscript is to be published, so it is essential to make a good impression on these first readers (Bayne et al., 2003; Hatch, 2023). A good title is crucial to the success of a manuscript, as it creates the first impression on the editor, reviewers, and readers. By following these guidelines, authors can create an effective title that accurately reflects the content of their article and captures the reader's attention (Davis, 2011; Hatch, 2023).

To capture the reader's attention, an effective title should have the following characteristics:

Begin with a keyword that accurately reflects the main theme of the article. Use snappy, simple, and specific language that conveys a clear message about the main issue. Limit the title to 10-12 words to keep it concise and memorable. Avoid using infrequently used abbreviations that may confuse the reader.

### **Authors Name/Affiliation**

Determining authorship and its order is a critical step in writing a research paper. Before you even begin writing, it's important to make sure that those who made significant contributions are properly acknowledged as authors (Denniss & Gregory, 2017; Hennink et al., 2022). This not only honors their work but also ensures transparency in the research process. When you are ready to publish your research in a peer-reviewed and indexed journal, it is essential to provide information about each author's affiliation. This information should be placed beneath each author's name and should include details about the department, campus, institute, faculty, and university where the research was conducted. Typically, these affiliations are indicated with a lowercase superscript letter immediately following the author's name and in front of the relevant address. Properly listing author affiliations helps to facilitate communication between researchers and ensure that credit is attributed where it is due (Calfee & Valencia, 1991; Morgan, 2022).

Additionally, it offers readers insights into the context of the research and the institutions involved. Do not forget to include the complete postal address for each affiliation, along with the country name. Lastly, provide the email address of the corresponding author for further correspondence regarding the manuscript. This information is vital for clear communication and the proper attribution of contributions in research papers.

#### **Corresponding Author**

The corresponding author is the individual to whom all correspondence regarding the manuscript is referred. This author is primarily responsible for answering all queries from the editor and reviewers of the manuscript, serving as the point of contact and focal person throughout the publication process. The corresponding author is accountable for all queries related to the manuscript, both before and after acceptance (Hames, 2008; Johnson et al., 2020; Nassaji, 2020).

Additionally, the corresponding author plays a key role in designing the study and is typically experienced and knowledgeable in the field. They are responsible for refining and polishing the manuscript to ensure its quality. Some of the main responsibilities of the corresponding author include:

Communicate with the journal during the manuscript submission, peer review, and publication process. Bridging between the co-authors, reviewers, and the editor. Proofreading, revising, submitting, and conveying messages. Ensuring the authenticity of the data and the reproducibility of the results.

Overall, the corresponding author is a crucial figure in the publication process, playing a critical role in ensuring the manuscript's quality and facilitating communication between the authors and the journal.

### Abstract

An abstract is a concise summary of a research paper that offers a glimpse into its objectives, methods, results, and conclusions. It acts as a marketing pitch for the article, conveying the essence of the work to editors, reviewers, and readers, often being the sole section read. An effective abstract significantly influences the publication process. Authors should be explicit in communicating their findings' significance and adhere to the specific journal's abstract format. Authors are advised to write an abstract in a standardized format, enhancing readers' comprehension. Commencing with the broader context, detailing the research purpose, methods, key findings, and implications ensures a clear, concise research overview (Figure 3). It should address essential questions and be composed after completing the manuscript to accurately summarize the content. Key characteristics of an effective abstract include clarity, conciseness, and the avoidance of technical jargon, discussions, and references. To create an engaging and comprehensible abstract, author should:

*Introduce the broader perspective, background, motivation, and specific research question in the first one to two sentences.* 

Provide a brief overview of the research methods. Focus on highlighting the key findings, limiting them to four to five sentences. Present results without jargon, unusual abbreviations, references, or ambiguous terminology.

Emphasize the broader implications of the major results with one to two sentences.

Finally, writing a high-quality abstract is a skill that improves with practice and a literature review, ensuring that it effectively conveys the essence of the research.

### Figure 3

Major Components of Abstract Writing



### Keywords

Selecting appropriate keywords is crucial for effective communication and discoverability (Bayne et al., 2003; Poucher et al., 2022). Four to six specific keywords are ideal, avoiding broad terms. Keywords are often alphabetically arranged. Relevant terms aid readers in locating, referencing, and assist editors in selecting reviewers for the manuscript. Using keywords in the abstract and manuscript boosts search engine ranking and visibility (Calfee & Valencia, 1991; Strijker et al., 2020). Thoughtful keyword selection and usage enhance a manuscript's impact and reach.

# Highlights

Highlights enhance article discoverability via search engines and boost article visibility and readership (Debnath and Venkatesh, 2015). They include 3-5 brief points summarizing novel findings and methods. Comply with journal guidelines (Ecarnot et al., 2015; Horbach, 2020).

#### **Graphical Abstracts**

Graphical abstracts are visually appealing and informative images summarizing a research article's main findings (Davis, 2011). They attract a broad audience, aiding in the quick identification of relevant articles and enhancing research visibility and impact. Creating a quality graphic abstract boosts discoverability and readership.

# **Body Parts**

The main body of a scientific manuscript, which is commonly structured as outlined by Ecarnot et al., (2015), typically consists of several sections, including the introduction/ background, materials and methods, results and discussion, and conclusion (Figure 2, Table 1).

### Introduction

The introduction section of a scientific paper is vital, succinctly outlining objectives and setting the context (Calfee & Valencia, 1991). Typically limited to 1000 words, it addresses key questions: problem identification, existing knowledge, research gap, intentions, and contribution to science, policy, and society. The introduction should follow the inverted pyramid format and balance background information without becoming generic. The authors must clearly state the research aim and use scientific evidence to contextualize it. The journal's scope dictates the depth of the explanation. Logical paragraph flow with appropriate citations is vital (Debnath & Venkatesh, 2015). The authors should dedicate a paragraph to discuss their study's expected contributions to science, policy, and society. The authors can also clarify the study's aim and methodology briefly to generate interest in the methodology section. It is important to note that the authors should always follow the target journal's guidelines and review their archives for guidance (Bayne et al., 2003).

It is suggested that the authors follow a structured approach, comprising five paragraphs for the introduction section. The first paragraph introduces the study's theoretical perspective and fundamental concepts. In the second paragraph, a concise review of relevant literature should be presented. The third paragraph identifies the research gap addressed by the study. The fourth paragraph emphasizes the significance of the research. Finally, the fifth paragraph outlines the study's aims and objectives (Figure 4). However, it is important to note that these components can vary depending on the nature of the article, journal guidelines, and other factors. Some tips for a robust introduction are as follows:

Be concise and clear, providing subject background and context. Organize from broader to specific, discussing relevant literature and indicators studied. Guide readers toward the research gap. Contextualize the study's significance at global, regional, and local levels. Present the study's objectives, highlighting novelty, potential impact, and paradigm-shifting aspects with a brief experiment or example.

Finally, the introduction is instrumental in capturing reader interest and convincing them of the paper's value. It sets the stage for the entire work, not only guiding readers but also reviewers, as it plays a pivotal role in evaluating the research's significance and impact.

### Figure 4

Major Elements of the Introduction Section



# **Materials and Methods**

A well-structured methods section is vital for understanding and replicating your research. Utilize clear headings, detailed descriptions, validation procedures, ethical insights, a data collection timeline, equipment specifications, robust data management,

compliance with reporting standards, appropriate references, and supplementary materials, especially for complex data (Figure 5). Thus, the methodology section is critical, impacting result interpretation (Bayne et al., 2003). It serves to address research questions and rationalize methods. Editors and reviewers heavily rely on this section for manuscript evaluation (Liumbruno et al., 2013). In scientific research, sampling, data quality, and reliability are paramount (Glew et al., 2014). The chosen approach should align with the problem, executed accurately. Key factors like research design, method selection rationale, sample details, and data collection strategies need clear delineation. Identifying major variables and ensuring data consistency are essential (Bayne et al., 2003).

Maintaining research trustworthiness in the methodology involves extended field engagement, data triangulation, audit trials, and dependability (Ecarnot et al., 2015). Explaining the application of a chosen research method is vital for justification. The methodology section primarily aims to enable study replication and provide contextual information for result interpretation (Liumbruno et al., 2013). Researchers must demonstrate the scientific validity and justifiability of all approaches used. When suggesting novel procedures, thorough details are imperative.

## **Figure 5** *Major Elements of Material and Methods Sections*



# **Results and Discussion**

In contrast to the inverted pyramid structure commonly used in the introduction section, the results and discussion section should adopt an upright pyramid approach. It starts with a concise synopsis, followed by in-depth result explanations. It proceeds to underscore the research's significance and incorporates a comparative analysis with existing literature. Additionally, the section should address limitations, delve into research impacts and potential practical applications, and culminate by presenting future perspectives tailored for audiences in academia, policy-making, and the broader public, spanning from local to global contexts (Figure 6).

The results and discussion section is a crucial component of a research paper where authors present their core findings (Bayne et al., 2003). Its primary purpose in the result section is to report observations without commentary (Calfee & Valencia, 1991). Typically following the introduction and methods sections, this section should be structured to begin by summarizing key findings and reiterating research questions (Debnath & Venkatesh, 2015). Authors should present their main findings clearly and concisely to maximize the impact of their research (Ecarnot et al., 2015). For an organized results section, address research questions and use tables and figures to provide detailed insights, with tables showing statistical summaries and figures, or tables depends on the data complexity, with text suitable for simple findings. Tables and figures should be self-explanatory, with clear and informative captions (LaPlaca et al., 2018).

#### Figure 6



Major Elements of Results and Discussion

In summary, ensure the results section address research objectives, explain variables, highlight significant findings, use appropriate illustrations, avoid abbreviations, and include supplementary figures and tables when necessary (Jirge, 2017). Some journals merge results and discussion, requiring citations of relevant literature in the latter (Pontille & Torny, 2015). The discussion section should adopt an upright pyramid structure, commencing with a brief overview of the study's findings (Björk & Solomon, 2013).

Explain the findings' significance in terms of broader applicability and compare them with existing research (Davis, 2011). Discuss whether the findings align with prior literature or offer fresh insights into established theories. Place the findings within the context of scientific literature and elucidate the mechanisms behind the results. The results section uses data, tables, figures, and content analysis to demonstrate the study's objectives. Tables and figures should be logically presented, and for complex data, variables can be split into separate tables or figures or consolidated to save space. Contextualize the data in the text based on research questions. Move from one table/figure to the next, addressing secondary findings. Create captions by considering the research question and turning it into a descriptive phrase (Topper & Boehr, 2018). Adhere to the targeted journal's requirements for the number, size, and complexity of tables and figures (Liumbruno, et al., 2013). Previous articles in the journal can guide the manuscript structure for the discussion section.

Moreover, in the discussion section, bridge the introduction and results to create a coherent narrative with key takeaways (Glew et al., 2014). Begin by summarizing the main findings and then transition from specific findings to broader implications and applications (Davis, 2011). Compare your findings with prior research to highlight their uniqueness and contribution (Calfee & Valencia, 1991). Explain how your study fits into the broader scientific literature and clarify the mechanisms behind your results (Jirge, 2017). Discuss the potential impacts and applications of the research for the scientific community, policymakers, and other stakeholders. Consider whether the results have implications for policy and interventions at various levels (Glew et al., 2014). Suggest areas for future research and highlight gaps in the literature that requires further study (Hames, 2008). Ensure that the discussion does not repeat specific numeric values or present new results; focus on how the study contributes to the scientific literature. Start with specific points and move from the main findings to a broader discussion of the scientific literature and the implications of the findings (Challa et al., 2014). Discuss the strengths and weaknesses of the study and how they affect the translation of the findings into policy, and explore possible causes and effects of the results (Björk & Solomon, 2013). However, it is strongly suggested to the authors that when organizing and composing the Results and Discussion section, it is essential to follow the best practices and adhere to the specific guidelines set by the target journal.

# Conclusion

The conclusion is a vital section in research papers, serving to summarize the main objectives and findings concisely. It should be two to three paragraphs, using an active voice and present tense for describing the research and future tense for potential research opportunities. Ensure a logical and coherent flow with smooth transitions between sentences and paragraphs. Figure 7 offers key insights for crafting a conclusive and non-repetitive ending. Highlight both the strengths and limitations of your work. In the final paragraph, suggest specific and substantial research questions unaddressed in the current study. Your conclusion must succinctly recap the findings, restate the research question, explore broader implications, address limitations, and propose insightful avenues for future research. Conclude with a compelling statement, leaving a lasting impression.

#### Figure 7





**Final Part** 

## **Authors' Contributions**

This section must delineate each author and supervisor's roles and responsibilities in the research process. For instance (Bayne et al., 2003; Liumbruno et al., 2013): First author (A): Data collection, interpretation, manuscript drafting. Second author (B): Laboratory data analysis. Third author (C): Scholarly guidance, manuscript review, and editing. Also mention that all authors have reviewed and approved the final manuscript.

### Acknowledgments

The acknowledgment section serves to express gratitude to all those who contributed to the scholarly work. It plays an important role in identifying specific contributors responsible for various aspects of the research project. These contributors may include authors, colleagues, friends, supervisors/co-supervisors, funding sources, and laboratory/ administrative staff. To maintain brevity and concision, the acknowledgment section should focus those individuals directly involved in the academic work.

#### **Ethical Statement and Plagiarism**

Ethical considerations are fundamental in research, ensuring responsible practices. Manuscripts include ethical statements confirming honesty, proper crediting, and adherence to guidelines (Davis, 2011). For instance, obtaining participant consent is vital. Similarly, simultaneous submission to multiple journals is unprofessional (Ober et al., 2013).

Plagiarism is a grave ethical breach, resulting in journal rejection (LaPlaca et al., 2018). Authors must understand references, write in own language, and cite correctly (Glew et al., 2014). Avoid errors like quoting from one source and citing another. Most journals employ plagiarism detection software, so writing in one's own language eliminates risks. Thus, the authors must prioritize ethical approval to ensure research integrity and adhere to ethical standards. Avoiding plagiarism maintains credibility, originality, and trust in scientific writing.

#### **Disclosure Statement**

A disclosure statement is crucial in scientific manuscripts to transparently declare potential conflicts of interest, funding sources, and ethical considerations, promoting research integrity. In this context, the author(s) declare(s) that there is no conflict of interest regarding the publication of this paper. The author(s) have no financial or personal relationships with other people or organizations that could inappropriately influence the research or the interpretation of its results.

### References

References play a critical role in contextualizing the topic and should be used appropriately. Only cite reputable sources, and avoid citing grey literature. Use general references to support general statements and specific ones for specific issues. When citing references, authors should adhere to the publication guidelines and follow the citation format prescribed by the target journal, such as APA, MLA, Chicago, Harvard, Vancouver, etc.

#### **Selection of Journal**

Choosing a suitable journal is crucial for successful paper publication, ensuring alignment with the journal's scope and benefit from the credibility associated with peer-

reviewed publications. Emphasize novelty and acknowledge overlaps with prior research. Precision in research, writing, and submission is vital. Carefully adhere to submission instructions and proofread for spelling errors. Improve acceptance chances by tailoring your writing to match the target journal's readership. Visit the journal's website to understand their expectations. Always consider the target journal's specific requirements and expectations while writing to enhance acceptance prospects. It is important to note that the authors should be cautious of predatory journals. Stick to reputable subscription or open-access peer-reviewed outlets, where acceptance depends on the quality of writing.

#### **Cover Letter and Review Response**

After passing an initial review, manuscripts undergo peer review. Authors should embrace reviewer feedback and respond thoughtfully, maintaining a respectful demeanor. Despite their best efforts, papers may be rejected for reasons such as methodological concerns, lack of originality, similarity to existing work, misinterpretation of results, poor presentation, or a mismatch with the journal's priorities. It is essential to recognize that prestigious journals often have higher rejection rates, but authors have ample opportunities to find suitable platforms for their work.

Crafting a compelling cover letter is vital for convincing journal Editors of a manuscript's value. A mere copying of manuscript sections will not suffice. Authors should invest time in creating a concise, thoughtful cover letter of approximately 300 words. This letter should include the paper's title, main theme, and present a persuasive argument for its novelty and relevance to the target journal. Tailoring the cover letter content can significantly bolster the manuscript's case.

Additionally, crafting a review response is a pivotal aspect of the peer review process, vital for upholding scholarly publication quality and integrity. It fosters collaboration and communication among authors, reviewers, and editors, ultimately enhancing the research's scientific rigor. The response letter can be structured as follows:

## **Dear Editor/Reviewers**

We appreciate your valuable feedback, which improved our manuscript substantially. We have revised it diligently, providing detailed responses to reviewers' comments and marked changes. Each comment is addressed with care to ensure resolution. Thank you for your time, and we await your response.

Sincerely,

#### Checklist

Meticulously editing your manuscript is crucial for engaging readers and ensuring its success. We have highlighted a comprehensive 15-point checklist to maintain systematic

and scientific quality. Rigorously addressing these points ensures the manuscript meets scientific publication standards and effectively informs and captivates readers.

Familiarize yourself with Journal Guidelines. Review Prior Publications in the same journal. Align with Research Objectives. Clarify Specialized Terminology and Abbreviations. Use Subheadings for clarity. Verify Data Accuracy and Consistency. Provide Logical Explanations. Continuously Review Language for clarity. Thorough Proofreading before submission. Seek Peer Feedback for improvement. Use Tables and Figures for effective data presentation. Number Tables and Figures accordingly. Ensure Clear and Precise Presentation. Align the Manuscript with the Journal's Scope. Verify Title, Author Details, and Address Conflicts of Interest.

# Conclusion

Writing and publishing a scientific paper is vital, especially for those who are in research and academia. The process begins with structuring the paper around the research question and data. Authors must carefully select the appropriate manuscript type, whether it be original research, brief communication, or review. Assessing the readiness of their work for publication is essential, considering factors such as scientific merit, novelty, and relevance. A well-prepared manuscript should convey a clear, ethical message, presenting either original results or an up-to-date review. It should embody qualities like novelty, directness, definitiveness, engagement, conciseness, thoughtfulness, and meticulous language use. Additionally, choosing the right journal and adhering to proper formatting guidelines are crucial steps in this process. Meeting these standards not only increases the chances of publication but also contributes to societal progress and environmental sustainability.

While this article touches upon various aspects of writing and publishing scientific papers, there are several other important considerations that should be addressed. These include providing detailed guidance on addressing ethical issues, obtaining necessary approvals, safeguarding participant privacy, and managing conflicts of interest effectively. Furthermore, offering practical advice on managing data, conducting robust statistical analyses, and ensuring the replicability of results would uphold the integrity of scientific research. Elaborating on strategies for selecting appropriate journals, understanding their readership and scope, correctly submitting manuscripts, managing rejection, and responding to reviewer comments would also greatly benefit researchers. Exploring effective methods for sharing interdisciplinary findings, navigating challenges in interdisciplinary journals, and fostering collaboration across different fields would enrich the discussion on interdisciplinary research practices. Additionally, providing insights on engaging stakeholders, effectively communicating research findings to non-academic audiences, and maximizing the societal impact of research outputs would enhance the relevance and practicality of the article. In conclusion, while this article provides a valuable overview of writing and publishing scientific papers, there is scope for further elaboration on various topics to better support researchers in their endeavors.

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