

GC-MS analysis, antibacterial, antioxidant study and brine shrimp lethality analysis of *Trachyspermum ammi* (L.) Sprague

Shova D.C.¹, Binita Maharjan¹, Timila Shrestha¹, Samjhana Bharati², Shree Dhar Gautam¹, Ram Lal Shrestha^{1*}

¹Department of Chemistry, Amrit Campus, Tribhuvan University, Kathmandu, Nepal

²Department of Chemistry, Tri-Chandra Multiple Campus, Tribhuvan University, Kathmandu, Nepal

*Email: swagatstha@hotmail.com

(Received: 22 April, 2020, Received in revised form: 12 August, 2020, Accepted: 17 August, 2020, Available online)

Highlights

- Fruit part of *T. ammi* was subjected to extraction of essential oil by hydrodistillation.
- GC-MS analysis showed the presence of 10 different compounds.
- Essential oil was active towards different bacterial species during antibacterial studies.
- Antioxidant analysis confirmed the IC₅₀ value of the oil against DPPH as 0.94 mg/mL.
- LC₅₀ was calculated to be 26.2 µg/mL through brine shrimp lethality analysis.

Abstract

Fruit part of *Trachyspermum ammi* (L.) Sprague was subjected to extraction of essential oil by hydrodistillation in Clevenger apparatus. So collected essential oil was analyzed by GC-MS for its composition and exhibited the presence of 10 different compounds. The most abundant were γ -terpinene (53.81%) and thymol (29.40%). Antibacterial activity was performed against six bacterial species and *Staphylococcus aureus*, *Enterobacter cloacae* and *Bacillus subtilis* were the most susceptible to the essential oil showing zone of inhibition (ZOI) 1.4, 1.5 and 1.4 cm respectively. The IC₅₀ value of the oil against DPPH was found to be 0.94 mg/mL. The LC₅₀ value of essential oil of *T. ammi* against brine shrimp was found 26.2 µg/mL.

Keywords: *Trachyspermum ammi*, Essential oil, GC-MS, Bio-activity

Introduction

Trachyspermum ammi, which is commonly known as Bishop's weed and locally known as Jwano, is a herbaceous plant which belongs to the family *Apiaceae* and has high medicinal value. This plant has an erect stem which may grow up to 90 cm tall. This plant is widely distributed in various regions such as Iran, Pakistan, Afghanistan, India and Nepal as well as in Europe. But this plant is indigenous to Egypt (Shojaaddini *et al.*, 2008). It is grown in arid and semi-arid regions where soil contains a high level of salts. It is generally a branched annual herb which produces white bisexual flowers. Fruits are about 2 mm long and 1.7 mm wide. Fruits of *T. ammi* accumulate up to 5% essential oil in its compartments. Presence of essential oil is responsible for its odour and taste. Due to its characteristic pungent smell, it is widely used in Nepalese kitchen as a spice, flavoring agent, preservative and for the preparation of various medicines (Bairwa *et al.*, 2012).

It has been widely used in traditional medicine practice for a variety of medicinal and pharmacological aspects. The fruits of *T. ammi* possess antispasmodic, stimulant and carminative properties and is conventionally used as a curative agent for abdominal pains, diarrhea, piles, abdominal tumours, atonic dyspepsia, flatulence, and bronchial problems, lack of appetite, galactagogue, asthma and amenorrhoea (Ranjan *et al.*, 2012).

*Corresponding author

T. ammi oil is extracted from fruits by steam distillation process. It is brownish liquid with characteristic odour and bitter taste. The fruits of *T. ammi* mainly constitute the volatile oil which contains more amounts of thymol, γ -terpinene and p-cymene (Moazeni *et al.*, 2012). The *T. ammi* oil components thymol and caracole have attributes for antibacterial and antifungal action against a wide range of microbes (Vazirzadeh *et al.*, 2013). Thymol can be used in disinfection of mild to moderate dermal injuries as it cures the injuries fast. It is also used in mouthwash, sterilizations and as a hair rinse for curing of dandruff problems (Chung *et al.*, 2007). It also contains a small amount of other phytochemicals such as pinene, cymene, limonene and terpinene. Apart from these, *T. ammi* fruits are also a rich source of fiber, minerals, vitamins and anti-oxidants (Chahal *et al.*, 2017). It is also reported that the essential oil can exhibit insecticidal activity. It was also evaluated for exhibiting anti-inflammatory effect. It was also revealed that the dietary *T. ammi* extracts would reduce the toxicity resulted from hepatic free radical stress. It was also reported that it showed teratogenicity in rat fetuses. Therefore, it may be harmful to intake during pregnancy (Zarshenas *et al.*, 2013).

We have implemented the hydrodistillation technique for the extraction of essential oil from *T. ammi* collected from Dang, Nepal and have performed different biological tests for knowing the potency of the essential oil as antioxidant, antibacterial, cytotoxic etc. For knowing the chemical composition of the oil, GC-MS analysis was also done. Though some aspects of researches have been performed of the *T. ammi* cultivated in different geographical areas, the objective of the research is to find out the composition and activities of essential oil of *T. ammi* cultivated in a specific area, Dang, Nepal.

Experimental

Collection of plant materials

The fresh *T. ammi* fruits were collected from Dang, Nepal. The specimen was identified by Department of Botany, Amrit Science Campus, Lainchaur, Kathmandu, Nepal.

Extraction of essential oil

Clevenger apparatus was used for extraction of essential oil via hydrodistillation method. From 950g of fruits of *T. ammi*, 7 mL of oil was obtained after boiling the fruits in distilled water for 3 hours in Clevenger apparatus). The essential oil was collected and stored in a sealed glass vials at low temperature (0-4°C) prior to analysis (Khajeh *et al.*, 2004).

GC-MS analysis

GC-MS analysis was performed in Department of Food Technology and Quality Control, Babarmahal, Kathmandu, Nepal, on a gas chromatography mass spectrometer GCMS-QP2010. The analysis was done under the conditions as mentioned: injection volume was maintained 1 μ L with split ratio 1:90; Helium gas was used as a carrier gas with a Rtx-5MS column of dimension 30m \times 0.25mm \times 0.25 μ m, at 50, 150 and 250°C temperature with a hold time of 0.0, 2.0 and 5.0 minutes. The identification was done amid comparison of MS with those reported in NIST 05 and FFNSCI.3 libraries. (Dhaiwal *et al.*, 2017).

Antibacterial activity

Antibacterial activity of essential oil of *T. ammi* was performed by using agar well diffusion method in Muller Hilton Agar (MHA) based on the procedure given by Medini *et al.*, 2014. In this method, for the estimation of antibacterial activity of the oil, the average diameter of zone of inhibition (ZOI) produced by essential oil on particular pathogenic bacteria were measured. All the strains of bacteria were cultured in Nutrient broth (NB) and incubated at 37 °C for 18 hours. Each strain was diluted with sterile distilled water after incubation. The turbidity of dilution was compared with 0.5 McFarland standards (approximately 10⁸ CFU/mL). To obtain 10⁶ CFU/mL, the suspensions were then diluted (1:100) in Muller Hilton Broth (MHB). The prepared inoculums were incubated at 37 °C for 30 minutes prior to use (Gandomi *et al.*, 2014).

With the help of micropipette, essential oil of *T. ammi* (30 μ L) was loaded into the respective wells. At the same time, 50% DMSO (solvent) was tested for its activity as a control in the separate well. A positive control, neomycin 20 μ g/mL was used. For letting the extracts to diffuse to the media, the plates were then left for half an hour with the lid closed. The plates were incubated overnight at 37 °C. The plates were observed for the zone of inhibition around well which is suggested by clean zone without growth, after proper incubation for 24 hours. The ZOI was measured with ruler and mean was recorded for the estimation of the potency of antibacterial substance (Opoku and Akoto, 2015).

Antioxidant assay (DPPH method)

Antioxidant assay was performed against DPPH. At first, for preparing stock solution of concentration 1 mg/mL, 1 mg of sample to be tested was dissolved in 1 mL methanol. Then 100 μ L of these solutions were added to 100 μ L of 0.1 mM DPPH (prepared in methanol) and was left for 30 minutes in darkroom. After 30 minutes, their absorbance was taken at 517 nm against DPPH. DMSO was used for a blank test and as standard Quercetin was prepared. The essential oil, which did not show antioxidant property, was discarded. The sample with the yellow colour (more than 50% inhibition than control) was taken for further testing. These were expected to be the potent antioxidants (Singh *et al.*, 2005).

Different concentrations of the extracts were prepared by two-fold dilution method to find the IC_{50} value against DPPH (Singh & Ahmad, 2017).

By using the following formula, the percentage of radical scavenging activity was calculated:

$$\text{Percentage scavenging} = \frac{A_0 - A_T}{A_T} \times 100$$

Where, A_0 = Absorbance of DPPH

A_T = Absorbance of the DPPH free radical solution containing the sample extract

The 50% inhibitory concentration value (IC_{50}) is specified as effective concentration of the sample required to scavenge 50% of the DPPH free radicals. The antioxidant capacity of plants is clearly associated with the activity of “free radical scavenging enzymes”. The antioxidant potential is inversely proportional to the IC_{50} value, i.e., lower the IC_{50} value it indicates high antioxidant activity and vice versa (Chatterjee *et al.*, 2013).

Brine Shrimp lethality assay

Brine shrimp lethality assay is a significant tool for the initial cytotoxicity assay of plant extract and others. This assay is based on the capability to kill a larvae (nauplii) cultured in laboratory. It is a simple, cost-effective as it involves a small amount of test material. The nauplii of brine shrimp (*Artemia salina*) were exposed to different concentrations of essential oil of *T. ammi* for 24 hours. The number of motile nauplii was calculated that represented the effectiveness of the oil.

LC_{50} values lower than 1000 μ g/mL are considered bioactive in toxicity evaluation by Brine shrimp lethality assay of plant extracts and essential oil (Meyer *et al.*, 1982).

Results and Discussion

From the hydrodistillation process in Clevenger Apparatus, a slight yellowish coloured oil, transparent in appearance, little peppery in smell and bitter in taste was obtained which was subjected to further analysis and activities.

GC-MS analysis

Gas chromatographic analysis resulted in the identification of a total of 10 different constituents. The essential oil was found to contain mostly γ -terpinene (53.81%) and thymol (29.40%) as presented in Table 1.

Table 1: Percentage composition of essential oils

S.N.	Name of the compounds	Retention time (min)	Molecular formula	Molecular weight	Area (%)
1.	α -Thujene	6.924	$C_{10}H_{16}$	136	1.08
2.	β -Pinene	7.833	$C_{10}H_{16}$	136	4.55
3.	β -Myrcene	8.035	$C_{10}H_{16}$	136	1.55
4.	α -Terpinene	8.506	$C_{10}H_{16}$	136	1.55
5.	γ -Terpinene	9.242	$C_{10}H_{16}$	136	53.81

6.	cis-4-Thujanol	9.886	C ₁₀ H ₁₈ O	154	2.09
7.	4-Terpineol	11.142	C ₁₀ H ₁₈ O	154	1.37
8.	Thymol	12.765	C ₁₀ H ₁₄ O	150	29.40
9.	6-Ethyl-3,4-dimethylphenol	12.892	C ₁₄ H ₁₄ O	150	0.81
10.	Diethyl Phthalate	16.678	C ₁₂ H ₁₄ O ₄	222	3.78

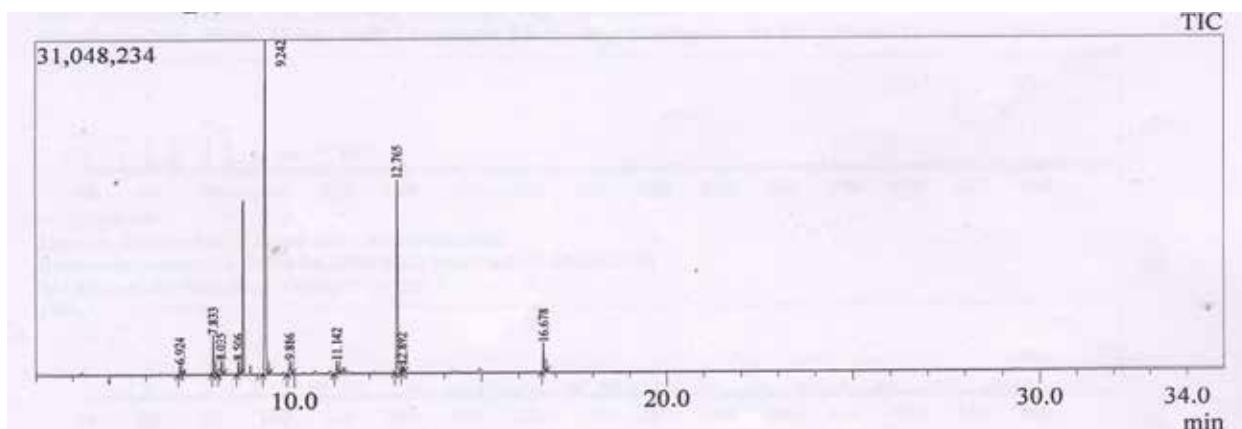


Fig 1: Chromatogram of GC-MS analysis of essential oil of *Trachyspermum ammi*

Antibacterial activity

The zone of inhibition for six bacteria sample that were examined, is shown in the table. The ZOI of *Enterobacter cloaceae* was observed to be largest (1.5cm) than other bacteria. And ZOI of *Micrococcus luteus* was observed to be least (1cm) present in Table 2.

Table 2: Antibacterial activity in diameter (cm) of inhibition zone

Bacteria tested	Diameter of well (ϕ) = 0.6 cm Diameter of zone of inhibition(cm)
Staphylococcus aureus KCTC 1916	1.4
Klebsiella pneumonia	1.2
Enterobacter cloaceae KACC 13002	1.5
Bacillus subtilis KACC 17047	1.4
<i>Micrococcus luteus</i> KACC 13377	1.0
<i>Pseudomonas aeruginosa</i> KACC 10232	1.2

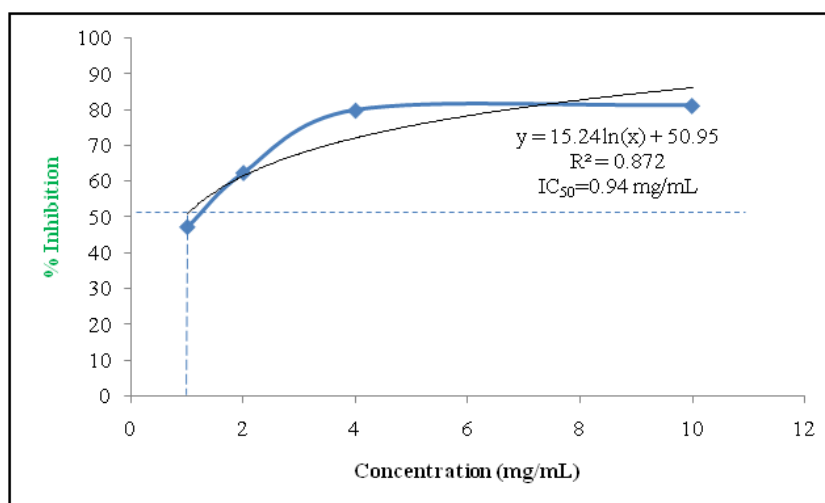
The result shows that the essential oil of *T. ammi* is very effective for antibacterial activities. From the table we can see that it gives better result in Gram +ve bacteria than the Gram -ve bacteria among the examined species. The essential oil of *T. ammi* can be used in the development of different antibiotic medicines.

Antioxidant Activity

The antioxidant potential is in an inverse relation with IC₅₀ value that can be calculated from logarithmic regression of the % inhibition versus antioxidant activity. Lower the IC₅₀ value indicates high antioxidant activity. All the calculations are based on the standard method given by Brand-Williams *et al.*, 1995. Absorbance was measured at 517 nm. Absorbance of each solution was measured and recorded below.

Table 3: Result of DPPH scavenging

Concentration (mg/mL)	Percentage scavenged
1	47.26
2	62.39
4	79.83
10	81.12

Fig 2: Graphical representation of DPPH assay of essential oil of *T. ammi*

The $IC_{50} \pm SEM$ (Standard Error Mean) of the oil was found to be 0.94 mg/mL.

From this result, it is known that essential oil of *T. ammi* is very good for the drug development against oxidative action.

Brine Shrimp lethality assay

The nauplii were exposed to each of different concentrations of the essential oil and number of motile nauplii was calculated for the percentage of lethality of the brine shrimp nauplii after 24 hours. The presence of cytotoxic principles in the essential oil is indicated by the percentage of mortality of Brine Shrimp nauplii produced by the *T. ammi* with the increment of concentration. This study showed that LC_{50} value of essential oil of *T. ammi* was 26.20 $\mu\text{g/mL}$.

Conclusions

GC-MS analysis of oil showed the presence of 10 different compounds. The most abundant were γ -terpinene (53.81%) and thymol (29.40%). *Staphylococcus aureus*, *Enterobacter cloacae* and *Bacillus subtilis* were most susceptible to the essential oil, out of six bacterial species used, by showing ZOI 1.4 cm, 1.5 cm and 1.4 cm respectively. The IC_{50} value of the oil against DPPH was calculated as 0.94mg/mL from the data obtained whereas LC_{50} value against brine shrimp was calculated as 26.20 $\mu\text{g/mL}$.

Acknowledgements

We are thankful to Department of Chemistry, Amrit Science Campus, Lainchaur, Kathmandu, Nepal and Kathmandu Valley School and College, Chhauni, Kathmandu, Nepal for laboratory facilities. We express our gratitude to Department of Food Technology and Quality Control, Babarmahal, Kathmandu, Nepal for GC-MS analysis. Also, sincere thanks to Research Institution of Bioscience and Biotechnology (RIBB), Lalitpur, Nepal for bioactivities. We are also grateful to Dr. Bishnu P. Marasini, Department of Biotechnology, National College, Kathmandu for his help and support.

References

- Bairwa, R., Sodha, R. S., and Rajawat, B. S. 2012. *Trachyspermum ammi*. *Pharmacognosy Reviews*. **6**(11): 56.
- Brand-Williams, W., Cuvelier, M. E., and Berset, C. L. W. T. 1995. Use of a free radical method to evaluate antioxidant activity. *LWT-Food Science and Technology*. **28**(1): 25-30.
- Chahal, K. K., Dhaiwal, K., Kumar, A., Kataria, D., and Singla, N. 2017. Chemical composition of *Trachyspermum ammi* L. and its biological properties: A review. *Journal of Pharmacognosy and Phytochemistry*. **6**(3): 131-140.
- Chatterjee, S., Goswami, N., and Kothari, N. 2013. Evaluation of antioxidant activity of essential oil from Ajwain (*Trachyspermum ammi*) seeds. *International Journal of Green Pharmacy (IJGP)*. **7**(2): 140-144.
- Chung, I. M., Khanh, T. D., Lee, O. K., and Ahmad, A. 2007. Chemical constituents from ajwain seeds (*Trachyspermum ammi*) and inhibitory activity of thymol, lupleol and fatty acids on barnyardgrass and radish seeds. *Asian Journal of Chemistry*. **19**(2): 1524.
- Dhaiwal, K., Chahal, K. K., Kataria, D., and Kumar, A. 2017. Gas chromatography-mass spectrometry analysis and *in vitro* antioxidant potential of ajwain seed (*Trachyspermum ammi* L.) essential oil and its extracts. *Journal of Food Biochemistry*. **41**(3): e12364.
- Gandomi, H., Abbaszadeh, S., JebelliJavan, A., and Sharifzadeh, A. 2014. Chemical constituents, antimicrobial and antioxidative effects of *Trachyspermum ammi* essential oil. *Journal of Food Processing and Preservation*. **38**(4): 1690-1695.
- Khajeh, M., Yamini, Y., Sefidkon, F., and Bahramifar, N. 2004. Comparison of essential oil composition of *Carum copticum* obtained by supercritical carbon dioxide extraction and hydrodistillation methods. *Food Chemistry*. **86**(4): 587-591.
- Medini, F., Fellah, H., Ksouri, R., and Abdelly, C. 2014. Total phenolic, flavonoid and tannin contents and antioxidant and antimicrobial activities of organic extracts of shoots of the plant *Limonium delicatulum*. *Journal of Taibah University for Science*. **8**(3): 216-224.
- Meyer, B. N., Ferrigni, N. R., Putnam, J. E., Jacobsen, L. B., Nichols, D. J., and McLaughlin, J. L. 1982. Brine shrimp: a convenient general bioassay for active plant constituents. *Planta Medica*. **45**(05): 31-34.
- Moazeni, M., Saharkhiz, M. J., and Hosseini, A. A. 2012. *In vitro* lethal effect of ajowan (*Trachyspermum ammi* L.) essential oil on hydatid cyst protoscoleces. *Veterinary Parasitology*. **187**(1-2): 203-208.
- Opoku, F., and Akoto, O. 2015. Antimicrobial and phytochemical properties of *Alstonia boonei* extracts. *Organic Chemistry: Current Research*. **4**(1): 1.
- Ranjan, B., Manmohan, S., Singh, S. R., and Singh, R. B. 2012. Medicinal uses of *Trachyspermum ammi*: a review. *Pharmacognosy Reviews*. **6**(11): 56-60.
- Shojaaddini, M., Moharramipour, S., and Sahaf, B. 2008. Fumigant toxicity of essential oil from *Carum copticum* against Indian meal moth, *Plodia interpunctella*. *Journal of Plant Protection Research*. **48**(4): 411-419.
- Singh, A. & Ahmad, A. (2017). Antioxidant Activity of Essential Oil Extracted by SC-CO₂ from seeds of *Trachyspermum ammi*. *Medicines*. **4**(3): 53.
- Singh, G., Marimuthu, P., Murali, H. S., and Bawa, A. S. 2005. Antioxidative and antibacterial potentials of essential oils and extracts isolated from various spice materials. *Journal of Food Safety*. **25**(2): 130-145.
- Vazirzadeh, M., Zaboli, J., Mohsenzadeh, S., Teixeira da Silva, J. A., Karbalaeei-Heidari, H. R., and Robati, R. 2013. Antibacterial activity of Ajowan (*Trachyspermum copticum*) seed extract. *Medicinal and Aromatic Plant Science and Biotechnology*. **7**(1): 54-55.
- Zarshenas, M. M., Moein, M., Samani, S. M., and Petramfar, P. 2013. An overview on ajwain (*Trachyspermum ammi*) pharmacological effects; modern and traditional. *Journal of Natural Remedies*. **14**(1): 98-105.