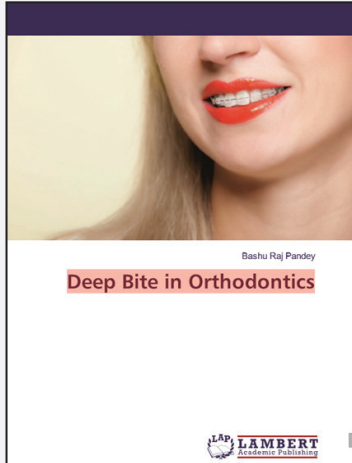


Deep Root of Deep Bite

Reviewed by: Dr Rabindra Man Shrestha
Professor, Department of Orthodontics, Kantipur Dental College, Kathmandu, Nepal



Title of the book: Deep Bite in Orthodontics
Author: Bashu Raj Pandey
Publisher: LAP Lambert Academic Publishing, Mauritius
ISBN: 978-620-2-07501-5
Year of Publication: 2017
No. of pages: 192
Price: UK£ 39

ABOUT THE AUTHOR

Dr Bashu Raj Pandey is working as Assistant Professor in the Department of Orthodontics, Chitwan Medical College, Bharatpur, Nepal. He has been practicing orthodontics since 2014 and has shown prolific interests in academics and research. He has received award for scientific paper on deep bite and its treatment modalities.

ABOUT THE BOOK

This book is probably the first attempt by the budding author, which is very inspiring and praiseworthy. The book is based on the literature review of various aspects of deep bite including etiology, diagnosis and treatment approaches. The author described deep bite as, "one of the most common malocclusion which is very complex to treat and stability is hard to achieve". The book comprises of nine chapters including: Introduction, Classification, Etiology, Treatment considerations, Treatment objectives, Treatment modalities, Relapse of deep bite, and Stability. The chapter on 'Treatment modalities' is further elaborated into: Correction using removable appliance, Correction using myofunctional and orthopedic appliance, Correction using fixed appliance and Correction with Surgery.

The book has attempted to review almost all aspects of deep bite with illustrations and citations of the references. The book is useful for dental students,

clinicians and researchers in the related field. It mainly focuses postgraduate orthodontic students; to whom this publication can be a very good source of academic information. The author has reviewed extensive related literature, including the biomechanics aspect of the treatment regimen.

After reading the book, one will surely be impressed and surprised by the scope and depth of the topic, the author has tried to elaborate. The author has truly succeeded in detailing the vastness of seemingly a small component of orthodontic problem in to a full-fledged book published by an international publisher.

However, few pitfalls remain with this sincere effort. The figures used in the text are not uniformly drawn; many of them might require the revealing of the source. The future editions may demand the reports of clinical cases and more evidence-based information. Another shortcoming is the lack of uniformity in the format of presentation on few chapters; mainly the chapters on 'Relapse of deep bite' and 'Stability'; which calls for further explanations. Nevertheless, this book is a "must read" for all who is interested in orthodontic literature and those who want to encourage our own Nepali colleague.