

MRI and Histological Features of Neurilemoma at Cauda Equina: A Case Report

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Abstract

We present a case of 61 years old female, clinical manifestations of this entity, including left lumbar continuous pain and discomfort with numbness at left gluteal region for 2 years. Pain had increase since one week with radicular pain in left leg. MRI study was performed with 3.0T unit (siemen) and revealed an oval shape mass behind the L3 vertebra, suggesting differential diagnosis of Neurilemoma or Ependymoma. The patient underwent surgical L3 laminectomy and total excision of the tumor. Pathological report confirmed diagnosis of Neurilemoma.

Keywords: MRI, Neurilemoma, Ependymoma, Laminectomy.

Introduction

Neurilemoma and Ependymoma both are different origin of spinal tumor and they are rare type of tumor. In 1910, first time Peripheral Nerve tumor was described by pathologist Verocay and in 1935 the term Nerurilemoma (NLM) was introduced by Scout in medical science.¹ Neurilemoma make up less than 0.2-0.5% of the Neoplasm of the organism. Histological finding of Neurilemoma is the presence of A and B Antoni zones.² S-100 protein present strongly in Neurilemoma. GFAP is weak in Neurilemoma.

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Case Report

A right handed 61 years female presented to orthopedic out patient department with complaint of pain and discomfort at left lumbar region with burning sensation at left gluteal region for 2 yrs. Pain had been increasing since last week and felt left leg pulling. No obvious muscle atrophy, weakness, or parathesia was noted. Gait, sleep pattern, bowel and bladder habit were normal. No exacerbating and alleviating factors, denied tobacco uses, occasionally consume alcohol. No any past history of trauma and medical disease. She had lithotripsy 1 year back. On physical examination SLRT > 60%, sensory intact, motor intact, B/L leg motor 5/5 rated. No babinski sign, reflexes are normal except Deep tendon rellflex was positive.

Table 1: MRI signal of Neurilemoma

	Neurilemoma
MRI signals	Sagittal
T1WI	Isointense
T2WI	Hyperintense in central and hypointense in periphery.
T1 , C+	Hyperintense in periphery & hypointense in central.

Vitals were stable, Laboratory test findings were within normal limit. Plain x-ray of lumbar spine demonstrated normal. 3.0 T Unit (Siemens) Magnetic resonance images (MRI) with contrast Gd –DTPA 30 ml, SAG: T1WI / TSE, T2WI / TIRM, TRA: T2Wi/TSE showed oval shape mass in periphery with high signal and low signal in central of the mass. No dural tail sign was seen. Provisional diagnosis was made as Neurilemoma and Ependymoma.

Table 2: Histopathology of Neurilemoma.

	Neurilemoma
Histological pattern	Spindles cells arranged in intersecting bundles (Atoni A) & areas with less cellularity with loosely arranged cells (Atoni B)
Cytological features	
Nuclei	Long club shaped
Chromatin	Dense
Cytoplasm	Cell borders are obscured
Mitotic Activity	Present Rare
Necrosis	No
Electron microscope	Processes interweave and occasionally surround aggregates of intercellular collagen. Cells are surrounded by often duplicated basal lamina.

On the basis of clinical presentation and radiographic findings, a differential diagnosis of benign lesion was considered. Differentiation of this lesion required further analysis via histology and immunohistochemistry. The patient underwent complete surgical excision of the tumor at L3 and found mass of size 2.1×1.0×1.5cm soft capsulated gray red mass. The pathological report confirmed a diagnosis of Neurilemoma.

Table3: Immunohistology chemistry (IHC) of Neurilemoma.

IHC Marker	Neurilemoma
GFAP	Variable-, rarely+
S-100 Protein	+++++
VIM	+++/-
CD 57	+
CK-P	-+/-
SMA	-+/-
EMA	
Ki-67 Labeling index	Variable
Desmin	+/- Figure 1:

Discussion

Neurilemoma is a benign few truly encapsulated nerve sheath tumor composed of schwannoma cells which normally produce the insulating myelin sheath covering peripheral nerves, also known as Schwannoma/neurinoma and Schwann cell tumor. The pick incidence is in the 3rd to 6th decades of life. It affects males and females equally & often occurs in flexor surface of



Fig 1: (a) a 61 yrs female with Neurilemoma, A sagittal T1 weighted with TE. TR 9.6/650 with 3.0 T unit (siemen) MRI image shows isointensity oval shaped with clear margin mass at level of L3, (b): T2 weighted sagittal images with TE/TR 52/4000 shows slightly high signal in central and low signal in periphery (c): T1WI sagittal with contrast Gd-DTPA shows hyperintense in periphery and Hypointense in central.

extremities and head, neck, thorax and lumbar. More than half of these lesions are extramedullary intradural, about 25% are completely extradural, some 15% are both intra and extradural, and very rarely are seen intramedullary.³ Often associated with mutations affecting NF1 and NF2 gene.⁴ They are universally strongly S-100 positive. Patient may have positive Tinel's sign in the distribution of the nerve. Its malignant transformation is extremely rare. These tumors are less frequently seen in children. Tumors in the cauda equina often reach a considerable size without painful symptoms, due to the mobility of the roots and the wide intradural space.⁵ Neurilemoma are usually asymptomatic or few symptoms are present.

We have reviewed some journal and found that majority of Neurilemoma are encapsulated, solid, smooth, cyst or mixed with a pattern of different structures identified as Atoni A and Atoni B.⁶ The A areas express a solid hypercellularity and impaled Nuclei known as Verocay texture. The B areas are hypocellular with lax

histological texture. Histopathological features include spindles cells arranged in intersecting bundles of atoni A and with loosely arranged cells of atoni B, long club shaped nuclei, dense chromatin, cytoplasm cell borders are obscured as in Table 2. By IHC confirm diagnosis through S-100 protein strongly ⁽⁺⁺⁺⁾, VIM ⁽⁺⁺⁺⁾, desmin ^(+/-), Ki 67 labeling is high and Vimentum positive ^[1] as shown in Table 3.

Magnetic resonance imaging (MRI) is the primary imaging modality used for the assessment of both intracranial and spinal tumor. Although computed tomography (CT) provides better demonstration of small or subtle calcifications within tumors, MRI provides superior delineation of the extent of tumor due to its greater soft tissue contrast, multiplanar imaging capability, and ability to obtain complementary information with T1- and T2-weighted sequences.⁷ The importance of early diagnosis and treatment of cauda equina tumor is widely recognized (Fearnside and Adams 1987).⁸



Fig 2: (a) Hematoxylin and eosin stains with magnification 400x demonstrate an Antoni A and An Antoni B which is typical feature of Neurilemoma.

Differential diagnosis of Neurilemoma includes Ependymoma. MRI of Neurilemoma at cauda equina signal characteristics: Neurilemomas show isointensity on T1Wi and have typical marked hyperintensity on T2Wi. Sometimes a target appearance with centrally less high signal are noted as shown in Table 1.

Enhancement is variable and can be intense and homogeneous in some lesion, while others may only show faint peripheral enhancement.³ Where as in Majority of Ependymoma on unenhanced T1 weighted MRI shows isointensity-or slightly low signal, and slightly High signal on T2 weighted MRI. After Gd-PDTA injection, tumor is heterogeneously enhanced and shows hyperintense in periphery and hypointense in central as in Figure 1(c). However most of Ependymoma enhanced homogeneously with clear margin.⁹ Erosive changes are seen commonly in ependymomas, most likely because they are slowly growing. Osseous erosion and

thinning of the pedicles and lamina are far more common in the ependymoma of the lower spinal canal and filum.¹⁰

Conclusion

The diagnosis of spinal tumors, mainly Neurilemoma is really confusing. Morphology can be misleading hence immunohistochemistry and/or ultrastructural study is necessary for correct diagnosis.¹¹ Neurilemomas are more common, histopathologically Neurilemoma has typical Antoni A and Antoni B pattern.¹⁰ By IHC S-100 protein is strongly positive in Neurilemoma. By MRI Neurilemoma mostly shows isointense in T1WI weighted images and hyperintense in T2WI, with contrast Neurilemoma shows heterogeneous enhancement. Though this tumors must be included in the differential diagnosis of intradural mass of the cauda equina region including ependymoma, neurinoma, hemangioblastoma, meningioma, lipoma, epidermoid, metastasis, and rarely paraganglioma.¹² Most Authors consider total removal of the tumor can have a positive influence on the prognosis.¹³ But Nerve sheath tumor (Neurilemoma) should excise incompletely because complete removal can cause damage of many nerve roots. In spite of the incomplete removal of the tumors, the risk of recurrence is low.

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