

# P-drug selection: Choosing medicines objectively

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## Letter to the Editor

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Dear Editor,

I read with great interest the article by Banerjee I. about 'Concepts of P drug selection' in the current issue of the Nepal Journal of Epidemiology<sup>1</sup>. Personal (P) drug selection is an excellent exercise to teach students to prescribe medicines based on objective criteria and unbiased sources of medicine information. I had been involved in initiating the exercise on P drug selection at Manipal College of Medical Sciences, Pokhara<sup>2</sup>. I had also been involved with the exercise at KIST Medical College, Lalitpur. Recently I have started this exercise at the Xavier University School of Medicine at Aruba, Dutch Caribbean<sup>3</sup>.

As the author states, at present, only three medical schools in Nepal are having sessions on P-drug selection and assess the same. I have been an external examiner at many medical schools in the country and the exercise receives little attention during teaching-learning at many medical schools. The publication by the World Health Organization (WHO) titled 'Guide to good prescribing' provides detailed guidelines for P-drug selection<sup>4</sup>. At KIST Medical College P-drug selection is an important exercise during the practical assessment in pharmacology<sup>5</sup>. I am also happy that Dr. Banerjee has been trained in P-drug selection during his postgraduate study. Training the next generation of

teachers in this important exercise may be an important strategy to introduce and strengthen teaching-learning in this vital area.

### References

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### Article Information

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