

EDITORIAL

This year cardiac society has become 10 years old. These ten years have been the Period of turmoil, conflict, debate and economic problems for the country, But ironically, the field of cardiology has made lot of progress in the country in these last ten years, Fortunately, it remained less affected by the political, social and economic problems of the country. At present, Most of the advanced diagnostic and therapeutic services including non-invasive and invasive diagnostic procedures, pediatric and adult cardiac surgery, coronary and non-coronary interventional services, Electrophysiology and radio frequency ablation, pacemakers are available inside the county. Hospitals with CCU/ICU facilities have also increased significantly, Many NGOs have been established and working in the field of prevention, But, we do have great challenges in future, Cardiovascular diseases are rising at an alarming rate even in our country. Recent data suggest that prevalence of cardiovascular risk factors including Tobacco use, diabetes Mellitus, Hypertension, obesity, metabolic syndrome, Dyslipidemia has significantly increased. Prevalence of Rheumatic heart disease has not decreased, Hospital admission rate of coronary artery disease has gone up by many times, We are getting more and more cases of young CAD patients. It is affecting most productive age group of population, Cost involved in the treatment of cardiovascular diseases, be it drugs, intervention or surgery is very high. Majority of the population can not afford it, Practically, it is also not possible for the government to provide free treatment to all. In such situation, emphasis in the prevention of cardiovascular diseases remains the only effective way to fight with it. And, unfortunately, prevention of cardiovascular diseases is not the government's priority as yet. We need to work on it.

Like prevention, research and cardiac rehabilitation is also lagging behind clinical cardiology, Now, it is time for us to start formal cardiology training program so that we can produce more trained manpower inside the country to cope with the future challenge.

We are heading towards building a new Nepal which is prosperous, peaceful, confident, healthy and strong, For this we need to work hard, We, members of cardiac society of Nepal, are committed to Our cause and goals, We, on behalf of cardiac society Nepal,

thank you all for your valuable contribution in organizing national cardiology conference 2008, Abstract of the original paper published in part 1 of the journal reflect most of the work being done in cardiology and cardiac surgery in Nepal at present. We have also Included some of the abstracts of the already published articles in national/international journals by members of cardiac society of Nepal to recognize their contribution in this field.