

Original article

Comparing biometry in normal eyes of children with unilateral cataract/corneal disease to age-matched controls

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Abstract

Objective: To compare ocular biometry and central corneal thickness of unaffected healthy eyes of pediatric patients with monocular cataracts/corneal opacities and agematched controls. Materials and methods: We studied 329 eyes of 329 children who were between 1 and 12 years old. The study group (n: 164) consisted of healthy fellow eyes of children operated for unilateral congenital/traumatic cataract and corneal laceration. Axial length, anterior chamber depth, lens thickness, vitreous chamber depth, and central corneal thickness were measured by ultrasound biometry/ pachymetry. Results: Axial length was 22.16 mm in the study group and 21.99 mm in the control group. Anterior chamber depth, lens thickness, and vitreous chamber depth results were 3.35; 3.64 and 15.20 in the treatment group and 3.20; 3.63, and 15.15 mm in the control group, respectively. The axial length and all the components, i.e. anterior chamber depth, lens thickness, and vitreous chamber depth are higher in the unaffected healthy eyes of the pediatric patients than that of the control group but only the difference in the anterior chamber depth was statistically significant. The central corneal thickness was 548 microns and 559 microns in the study and the control groups, respectively, and the difference was found to be significant. Conclusion: Greater anterior chamber depth was chiefly responsible for the overall increase in the axial length in the study group. The central corneal thickness was significantly thinner in the study group than that of the control group.

Keywords: Ocular biometry, central corneal thickness, anterior chamber depth, lens thickness, vitreous chamber depth

Introduction

Axial length (AL) measurements are mostly performed to calculate intraocular lens power

Received on: 11/09/14	Accepted on: 30/6/15
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and to observe refractive changes for better understanding of both ocular structures and growth, especially in children (Augusteyn et al, 2012).

There have been numerous studies on axial length measurement according to the age groups in pediatric population. The axial length reaches from 16-17 millimeters at birth *Gul et al Ocular Biometry in a Pediatric Population Nepal J Ophthalmol 2015; 7(14): 108-116*

to 20 millimeters in the first two years of life and then becomes slow until the seventh year and reaches adult size at about the age of ten (Isenberg, 1994; Gordon and Donzis, 1985; Zadnik et al 2003; Larsen, 1975; Trivedi and Wilson, 2007).

Visual disturbances or abnormal visual input in early life period may lead to impaired modulation of axial growth. Furthermore, studies report that the visual deprivation results with increased eye elongation (Wiesel and Raviola, 1979; Wiesel and Raviola, 1977; Rasooly and Ben Ezra, 1988; Gee and Tabbara, 1988; Rabin et al 1981; Smith et al 1987; Raviola and Wiesel, 1985; Calossi A, 1994; Leiba et al 2006).

There are several studies, which compare the affected, and the fellow healthy eyes in same patients with congenital/traumatic cataract. Most of the previous studies were performed by accepting the fellow healthy eyes of the same patients as the control group. This is a controversial issue for which some authors claimed that it might not give exact results. The studies reported that bilateral structural changes were detected in the amblyopic patients (Kim et al 2013; Pineles and Demer, 2009; Bruce et al 2013). It was thought that the fellow nonamblyopic eye of anisometropic amblyopic children might not be accepted as 'normal' due to the presence of relative scotoma in scanning laser ophthalmoscopy and a decrease in contrast sensitivity (Leguire et al 1990; Johnson, 2006).

There is a paucity of the comparative data between the unaffected fellow healthy eyes and the age-matched normal population. Very rare relevant studies reported that there is no difference between the healthy eyes of unilateral amblyopic patients and the agematched control group. These studies have relatively small sample sizes (Nishi et al 2014; Marjanovic et al 2008). Therefore, primary goal of this study is to investigate if there is any ocular biometric difference between the fellow NEPJOPH

eyes of the unilaterally operated patients due to congenital/traumatic cataract and corneal laceration and the eyes of the age- and sexmatched normal population.

There is also limited comparative data for central corneal thickness between the healthy eyes of the unilaterally operated patients and the normal controls. Therefore, in this study, we also aimed to investigate if there is any central corneal thickness difference between the unaffected fellow eyes of the unilaterally operated patients and the healthy control group.

Materials and methods

The study was carried out prospectively in a tertiary referral hospital. The study was approved by the local ethics committee and adhered to the tenets of the Declaration of Helsinki.

The study included 329 children with ages ranging from 1 to 12 years. A total of 164 fellow unoperated eyes and 165 right eyes of normal control group were studied. Central corneal thickness (CCT), axial length (AL), anterior chamber depth (ACD), lens thickness (LT), and vitreous chamber depth (VCD) were measured. The study did not include measurements of axial length of operated eyes and refractive error of both eyes. Subjects were divided into four age groups namely: 1 and <4 years, 4 and<7 years, 7 and <10 years, and 10-12 years. All the participants were of Caucasian origin.

Inclusion criteria for treatment group were unilateral congenital/infantile cataracts, unilateral traumatic cataracts, unilateral corneal lacerations (corneal penetration and corneal perforation) with subsequent corneal scarring. Exclusion criteria were; bilateral cataract, uveitis, microphthalmia, glaucoma, bilateral corneal scarring after trauma.

The distribution of 164 eyes of the unilaterally operated patients was as follows. Ninety-seven eyes had sutured corneal lacerations, 46 eyes had traumatic cataracts, and 21 eyes were with



unilateral congenital/infantile cataract. The control group was composed of the right eyes of 165 healthy subjects. Measurements were taken in the clinic setting or under general anesthesia. All measurements were carried out by the same investigator.

Axial length measurements were performed with the US-1800 Echoscan (Nidek, Japan) using A-scan ultrasound biometry handheld probe via the contact method when the children were in the supine position. The device was calibrated and switched to automatic mode before measurements. Probe was handled by the right hand and the head of the subjects with the left hand. Readings were taken after instilling anesthetic drops (proparacaine) on the cornea. Children were told to look at the light on the probe. Artificial tears were instilled on the cornea when it was dry. Measurements were taken to be on-axis without indentation. Readings with weak retinal peaks were deleted. An average of ten readings was used. When the standard deviation was ≤ 0.10 , the averaged value was accepted as axial length. All measurements were taken between 08:30 and 11:30 a.m.

CCT measurements were taken by contact method with the same device with the ultrasound pachymetry probe just before AL measurement. By this way, any wrong measurement due to the probe effect on cornea was prevented. Measurements were taken from central cornea and the mean value of five measurements was selected as CCT of the eye. More than ten percent deviation was accepted as wrong and new measurement was undertaken.

One-way Anova and independent samples t-tests were used for statistical analysis.

Results

The mean age of the participants were 6.42 (range: 1-12) in the study/treatment group and 6.52 (range: 1-12) years in the control group.

There was no significant age difference between the groups. The average time after trauma was 36.48 months (range: 8-134 months).

The percentages of the boys which were higher both in the study and the control groups were 59.7% (98/66) and 61.2% (101/64), respectively. The ratio of boys to girls was 1.48 in the study group and 1.58 in the control group.

The axial length was 22.16 (range:20.02-25.14) mm in the treatment group and 21.99 (range:18.51-25.03) mm in the control group (Figure-1). Although AL was longer in the study group, the difference was not found to be significant (p>0.05). ACD, LT, and VCD results were 3.35 (range:2.30-4.37), 3.64 (range:2.82-5.98), and 15.20 (range:12.87-19.27) in the treatment group and 3.20 (range:2.44-4.23), 3.63 (range:3.00-5.98), and 15.15 (range:11.80-17.99) mm in the control group (p<0.05, p>0.05, p>0.05, respectively). Although all components of AL in the study group were higher than that of the control group, only the difference in ACD result was statistically significant (p<0.05) (Figure-2). The anterior chambers of the unoperated eves were deeper when compared to the age-matched normal controls.

In both groups, there was no association between CCT and AL, ACD, LT, or VCD (p>0.05), but a positive relationship between AL, ACD, and VCD but a negative one with LT. The negative relationship between AL and VCD with LT suggests emmetropization. As a matter of fact the increase in ACD already accompanies the increases in AL and VCD.

Central corneal thickness was 548 microns (range: 487-632) and 559 microns (range: 455-668) in the study and the control groups, respectively. CCT was thinner in the study group than that of the control group and the difference was found to be statistically significant (p<0.05) (Figure-3:).

In 1 and <4 year age group the results of study and control groups were: CCT: 555 vs 551, AL: 21.22 vs 20.96, ACD: 3.26 vs 3.10, LT: 3.63 vs 3.68, VCD: 14.42 vs 14.18. Only the differences in ACD and LT were statistically significant in this sub-group.

In 4 and <7 year age group: CCT: 549 vs 564, AL: 21.96 vs 21.78, ACD: 3.83 vs 3.03, LT: 3.73 vs 3.76, VCD: 14.84 vs 14.99. In 7 and <10 year age group: CCT: 546 vs 563, AL: 22.48 vs 22.29, ACD: 3.33 vs 3.26, LT: 3.69 vs 3.55, VCD: 15.46 vs 15.47. In 10-12 year age group: CCT: 544 vs 560, AL: 23.19 vs 22.93, ACD: 3.45 vs 3.40, LT: 3.58 vs 3.56, VCD: 16.16 vs 15.96. In all three sub-groups (4 and <7 years, 7 and <10 years, 10-12 years) a significant difference between the unoperated eyes and that of the control group was found only in CCT and ACD results (Table-1).

The mean +/- standard deviations (SD) were shown for each biometric measure for the control group and the treatment group in Table-1.

Discussion

Axial length

In this study, the results have shown that the total axial length in the unoperated eyes was longer than that of the age-matched control group, but the difference was not statistically significant. Regarding the components of AL, all individual parameters (ACD, LT, and VCD) were also longer in the treatment group than that of the control group but only the difference in ACD result was statistically significant (p<0.05). Hence the greater ACD in the treatment group was chiefly responsible for the overall increase in axial length.

The literature is extremely limited in terms of the comparison of biometry data in fellow healthy eyes of the unilaterally operated patients with that of normal control eyes. Nishi et al (2014) reported axial lengths in three groups



as 21.55 mm in healthy eyes of unilateral amblyopia, 22.14 mm in eyes with amblyopia and 21.72 mm in age-matched normal subjects and found no significant difference between the three groups. In that study, the axial lengths of the healthy eyes of the unilateral amblyopic subjects were shorter than those of the eyes of the age-matched normal subjects (21.55 vs 21.72). This finding is inconsistent with our findings in which the axial length was founded as longer in the healthy eyes of the unilaterally affected subjects. There are limitations in their study since they had studied hyperopic patients whose axial length was already shorter. Secondly, the quite small sample size in the study might have given the opposite results. Marjanovic et al (2008) studied axial elongation in the first three years of life in 48 pediatric cataractous eyes and also found that there was no significant difference between the unaffected healthy eyes and the normal control eyes.

Although several studies carried out in last decades (1993-2012) reported no significant difference in axial length within-subject interocular comparisons, there are conflicting results as some studies report elongation in fellow unoperated eyes, while the others report shortening (Zhou et al 2000; Huang and Xie, 2005; Urban et al 2007; Filipek et al 2006; Hussin and Markham, 2009; Inatomi et al 2004; Vasavada et al 2004; Flitrcroft et al 1999; Sminia et al 2010). Lal et al (2005) reported both results. They examined 171 pediatric cataractous eyes and reported that while 24% of the operated eyes were longer, 24% of the operated eyes were shorter than the fellow eye.

Trivedi and Wilson (2007) reported that the fellow unoperate d eyes (control group) were significantly longer than the operated eyes. In another study, Cass and Tromans (2008) examined axial length and components in four groups as strabismic amblyopia-control group



and anisometropic amblyopia-control group. They reported that the eyes of the control group were longer than the anisometropic amblyopic eyes. They also reported that anterior chambers were longer in the eyes of the control group but there was no difference between lens thicknesses. Our study accepts the fellow unaffected eye as the study group and reports a slight increase in axial length in these eyes. This result is also consistent with the findings of the studies of Trivedi-Wilson and Cass Tromans.

In our study the most significant difference was concerning with ACD in that ACD in the untreated eyes was 0.15 mm longer on average in comparison to the eyes of the normal children. This finding is in agreement with the results of Kora et al (1993) who reported that ACD in fellow untreated eyes were larger than the cataractous ACD. In another study Debert et al (2011) reported that there was no significant difference in ACD but a significant difference in LT and VCD.

Central corneal thickness

There are several studies regarding corneal thickness in children but comparative studies are very rare. In the reports, the range of corneal thickness changes from 529 to 564 μ m and the average is likely 550 μ m (Faramarzi et al 2010; Bradfield et al 2011; Fern et al 2012; Resende et al 2012; Sahin et al 2008; Coste et al 2008; Hussein et al 2004; Mendes et al 2011). In our study, central corneal thickness is 548 μ m in the study group and 559 μ m in the control group. CCT was significantly thinner in the study group than that in the control group.

In a study, Mendes et al (2011) investigated

CCT in patients with congenital glaucoma and control group. They found the results as 539 μ m in the congenital glaucoma without Haab striae group and 559 μ m in the control group.

In another study, Faramarzi et al (2010) investigated 47 eyes of 30 patients with congenital cataract for pre- and post-operative results and those of the patients in the_age-matched control groups. In that study, only 10 eyes had been evaluated as unoperated eyes. Despite we could not exactly compare our results with those of their studies due to the lower sample size of number of unoperated eyes (540 μ m) was thinner than that in the control group (558 μ m).

The presumption to have thinner corneas in our study group can be explained possibly by collagen bundle rearrangement and remodelization, which was mentioned in a study by Parentin and Pensiero (2010).

One of the disadvantages of our study is the not using the immersion method, which gives more accurate results than the contact method

Conclusions

Axial length and all components of biometry, i.e. anterior chamber depth, lens thickness, and vitreous chamber depth are higher, but not statistically significant, in the unaffected healthy eyes of the pediatric patients than those in the control group. Greater anterior chamber depth in this group was chiefly responsible for the overall increase in axial length. Central corneal thickness was significantly thinner in the study group than that in the control group.



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Table 1: Mean results in age groups. CCT: central corneal thickness, AL: axial length, ACD: anterior chamber depth, LT: lens thickness, VCD: vitreous chamber depth, n: number, mm: millimeter, µm: micron, SD: Standard deviation

Mean Results in Age Groups in Both Group								
			ССТ	AL	ACD	LT	VCD	
Ages		n:	µm ± SD	mm ± SD	mm ± SD	mm ± SD	mm ± SD	
1 and <4	Treatment	42	555 ± 21	21.22 ± 0.76	3.26 ± 0.32	3.53 ± 0.27	14.42 ± 0.83	
	Control	37	551 ± 37	20.96 ± 1.27	3.10 ± 0.33	3.68 ± 0.25	14.18 ± 1.21	
4 and <7	Treatment	38	549 ± 28	21.95 ± 0.59	3.38 ± 0.25	3.73 ± 0.42	14.84 ± 0.72	
	Control	47	564 ± 34	21.78 ± 0.83	3.03 ± 0.31	3.76 ± 0.42	14.99 ± 0.93	
7 and <10	Treatment	44	546 ± 17	22.48 ± 0.79	3.33 ± 0.38	3.69 ± 0.40	15.46 ± 0.88	
	Control	43	563 ± 40	22.29 ± 0.93	3.26 ± 0.30	3.55 ± 0.27	15.47 ± 0.89	
10-12	Treatment	41	544 ± 20	23.18 ± 0.97	3.45 ± 0.29	3.58 ± 0.28	16.16 ± 1.04	
	Control	37	560 ± 39	22.92 ± 0.87	3.40 ± 0.33	3.56 ± 0.21	15.96 ± 0.78	



Figure 1: Axial lengths in both groups



Figure 2: Axial length and components in age groups. ACD: Anterior Chamber Depth, LT: Lens Thickness, VCD: Vitreous Chamber Depth



Figure 3: Anterior chamber depth in age groups.



Figure 4: Central corneal thickness in both groups.



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Source of support: nil. Conflict of interest: none