

Health Activities Under the Integrated Security and Development Programme (ISDP)

*Lt. Hem Lata Bhattarai
Nursing Department
Shree Birendra Hospital*

For the purpose of humanitarian help and community development, RNA has started the ISDP in different regions of the country. Along with other activities, medical service for the local people is an important aspect of this programme. On behalf of our medical team, I will highlight the ongoing medical activities in Gorkha District of Nepal.

The Medical team is composed of:

- Doctor
- Nurse
- Lab technician
- Dental technician
- Ophthalmic technician
- Other medical assistants

There were 19 members in our group.

Health Services Provided:

1. Running out patient department twice a week. Medical check up is performed for all kinds and all age groups of patients.
2. Emergency services are provided for 24 hours and in case of a severe problem patients are referred to the hospital.
3. For the minor emergency, patients are kept on observation for 1-2 days. Examples are PV bleeding, Asthma, Hyper tension, Diarrhoea and Vomiting, High Fever etc.
4. Dental services provided are: scaling, extracting and filling. Lab service: Blood R/E, Urine R/E, Stool R/E and pregnancy test.

All services, including medicine and surgery are free of cost. In addition to the regular health service, people in the community are served through the Mobile Health Clinic.

Similar to our programme in Gorkha, there are many RNA Medical Teams that are providing health service throughout the country such as in Rolpa, Surkhet, Sindhuli, Bardia etc.

Conclusion

The medical service provided by the RNA is being appreciated by the people in remote communities. Because of the difficult terrain, poverty, ignorance, illiteracy and unevenly distributed health service there is a real scarcity of health service for the people in Nepal. On top of that, the Maoist un-humanitarian and destructive activities are aggravating the problem and creating a more severe human disaster.

Since the Health Programme provided by the RNA is becoming popular and effective, giving continuity in the program may work as a cornerstone to fulfilling the objective of ISDP & to win hearts & minds of our communities.