

**“The only thing constant in life is change” - Francois de to Roche Fau Could.**

And so the Journal has a new editor. After resuscitating the Journal Nepalgunj Medical College and steering it to current standing in national arena over the last nine year's Prof. S. M. Mishra decided that it is time for a “change”. The “Baton” has been passed on to me! It is indeed an honor to be stepping in to the shoes of a person who over the years has been a teacher, guide, friend and great well-wisher.

Although there were many problems faced by previous editor like, not getting enough manuscripts, requiring plenty of correction, which led to delay in publication.

In his final editorial he has elegantly defined the need for “Problem Based Learning” (PBL).

“PBL is a learning environment in which the problem derives the learning” - Dr Woods.

Technology is rapidly changing the way patient care is delivered and rapid strides in interventional methodology in reaching final conclusion has changed equation between different specialist doctors.

In developing countries, where these facilities are in infancy, the old methodology of learning, interpretation of clinical signs diagnosing and providing care still hold true for times to come. Here MBBS doctor is “Jack of all and Master of None” practices in village.

It is my humble request to all, especially the younger generation, to take pride in their journal and make every effort to send quality manuscripts. For seniors and faculty members my plea is that you encourage and guide your junior colleagues to write and convert their thesis and other research activities into meaningful manuscripts. It is only way, that we can hope to cross the next bench mark – getting Journal indexed in the index Medicus & Pubmed.

An editor can only edit material that comes to him, he cannot generate it. So please put on your thinking caps and give the Journal NGMC the boost that it needs.

It will be hard to match the work done by Prof. S. M. Mishra, but I hope that with all your support and good wishes, I will be able to build on this foundation and make the Journal NGMC, more stronger, more informative appealing, and more remunerative.

I will like to thank, all those, for entrusting me with the responsibility and I assure that I will leave no stone unturned in my effort to take this journal to higher level.

**Prof. Aruneshwari Dayal  
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Editor**