

**BOOK REVIEW****CLINICAL PHARMACY AND THERAPEUTICS SIXTH EDITION**Pathiyil Ravi Shankar^{1,*}, Mohamed AM Alshakka²¹Health City University, Gros Islet, Saint Lucia²Department of Clinical Pharmacy, Aden University, Aden, Yemen**Received:** 11 March, 2019**Accepted:** 23 May, 2019**Published:** 17 Sept, 2019**Correspondence to:* Pathiyil Ravi Shankar, Health City University, Gros Islet, Saint Lucia.Email: ravi.dr.shankar@gmail.comDOI: <https://doi.org/10.3126/jcmc.v9i3.25793>**INTRODUCTION**

Clinical pharmacy and therapeutics first edited by Roger Walker is a classic textbook in pharmacy practice. We have also found the book to be a useful addition to the textbooks in pharmacology and therapeutics for the medical courses. A revised sixth edition of the book has been recently published and this is the first edition where Dr Walker was not at the helm.

The book has a distinguished panel of contributors from the United Kingdom. The book is divided into four main sections, General, Life stages, Therapeutics and Appendices. This edition follows the general format of previous editions. Each chapter starts with a list of key points addressed in the chapter. The tables like in previous editions are informative and comprehensive. Case studies remain the strength of the book. The first chapter deals with clinical pharmacy practice. Prescribing, practical pharmacokinetics, drug interactions, adverse drug reactions, laboratory data and parenteral nutrition are the other chapters in the General section. The list of further reading and useful websites at the end of each chapter is very useful.

The life stages section addresses medicine use in neonates, children, and the elderly. The third section deals with therapeutic considerations in various illnesses. These have been broadly arranged

according to organ systems. These range from gastrointestinal disorders, adverse effects of drugs on the liver and kidney, cardiovascular diseases, respiratory diseases, central nervous system disorders, infections, endocrine diseases, hematological disorders, neoplasms and skin disorders. Special care has been taken by the authors and the editors to include all recent advances in the treatment of different diseases. In addition to the approved therapeutic uses, off label and near label uses have also been described. The Appendices consists of a list of abbreviations and a glossary of terms. The book will be of tremendous support to clinical pharmacists and to provide pharmacy practice services. Purchasing the hard copy of the book also provides access to the electronic version (ebook).

Choice of medicines and therapeutics is closely linked with the pathophysiology of diseases. Excellent use of color is one of the pleasing characteristics of the book. The latest edition of this respected and authoritative textbook will be of importance to teachers and students of pharmacy and medicine.

About the book:

Whittlesea C, Hodson K. Clinical pharmacy and therapeutics. Sixth edition. Elsevier Ltd. 2019. ISBN: 978-0-7020-7011-2. Can be purchased from Amazon for USD 66.99.